### SENIOR NEWSLETTER OCTOBER 2015 MUNICIPAL AGENT FOR THE AGING/SENIOR SOCIAL SERVICES EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137 MONDAY – FRIDAY Hours: 9 AM to 2 PM OUTREACH PAM HEALY 203 261-0289

#### Dear Friends,

September flew by and now we are into the busy season of Medicare Open Enrollment, Fuel Assistance and preparing for (dare I say it) winter! We had a wonderful turnout at the Seniors Driving Safely presentation and I can't say what was more enjoyable the film and the speakers, or the wonderful quiches and salad that followed made by the members of the Commission for the Aging! Part of my job is providing you with information and when we can get together and socialize that's even better! Please come to the Alzheimer's lecture on the 23<sup>rd</sup> of this month not only will you learn something, but you will get to see friends too!!! Read below for other upcoming events! Happy fall,

# **MEDICARE OPEN ENROLLMENT**

Open Enrollment for changing your Medicare health or prescription drug coverage is from **October 15<sup>th</sup> through December 7<sup>th</sup>, 2015.** Please start comparing your coverage with other options before October 15<sup>th</sup>. In most cases, this may be the one chance you have to make a change to your health and prescription drug coverage. **On October 27<sup>th</sup>** I will having an Open Enrollment day with myself and two CHOICES counselors to help you with Medicare enrollment from 10am – 2pm spaces are filling up quickly so call (203-268-1137) to reserve your 30 minute slot!!!! Not to worry if you don't get into this enrollment day I am having a **second Open Enrollment day on November 10<sup>th</sup>!!!** 

# ALZHEIMERS PRESENTATION Friday October 23<sup>rd</sup> at 10 am

If you missed the last one you won't want to miss this discussion on "Understanding **Dementia**" Maria Tomasetti, who is the South Central Regional Director of the Alzheimer's Association, has agreed to come back and educate us on the complex topic of Dementia and Alzheimers. She is a wonderful speaker with lots of knowledge and insight and I am sure you will learn something!

Please call my office to sign up 203-268-1137 the talk is usually about an hour and light refreshments will be served afterwards.

# **Fuel Assistance**

Applications for Fuel Assistance will start on **October 1<sup>st</sup>**. Please call my office 203-268-1137 to make an appointment.

**The Commission for the Aging** will meet this month on Tuesday October 6<sup>th</sup> at 5 pm.

*Please, call Pam Healy to arrange a visit.* She is a caring listener, and has valuable information about the social services programs and resources available to you. As your **Easton Outreach Visitor**, Pam is available to you with just a phone call 203-261-0289.