May 2018

Eileen Zimmerman LCSW/ MA For The Aging 203-268-1137

Pam Healy/ Outreach 203-261-0289

Healing The Heart: There are still a couple of spots open for those interested. Along with local therapist ,Marguerite McVay, I will be running a free 5 week Supportive Workshop for those who have experienced the loss of a loved one. **The loss does not need to be a recent loss.** This is an educational, interactive and supportive group which will meet at the Easton Senior Center for 5 consecutive weeks on **Thursdays 4/19, 4/26, 5/3, 5/10, 5/17.** Call Eileen to reserve your spot.

The Panel Of Senior Care Organizations that was planned for April 25th has been postponed. It will be rescheduled in the very near future. Those of you that had been interested in attending please call me so that I can put your name on the To Call List when I know the rescheduled date.

Pam Healy, our Senior Outreach Worker, is enjoying her visits with many of our Easton Seniors. Please feel free to call her at (203)261-0289 to schedule an appointment to have her come to your home. She is a warm and caring listener with a great sense of humor.

Beware of the many phone scams trying to get your personal information by pretending to be from your health insurance company or your banking institution. Hang up and call the institution directly if you want to check on the validity of the call.