SENIOR NEWSLETTER JULY 2017 MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137 awitherbee@eastonct.gov MONDAY – FRIDAY Hours: 9 AM to 2 PM OUTREACH PAM HEALY 203-261-0289

Dear Friends,

It is July how did this happen? I know that on hot days I like to come to work so I can cool off you should too! Remember staying hydrated and cool is important for your summertime health. The Easton Volunteer Emergency Medical Services staff would like to get to know you better and tell you about their services, read below for an informative meet and greet with Peter Fiore. For those of you about to be new to Medicare I already have my Open Enrollment dates on the calendar (10/17/17 and 11/14/7) so call me to sign up for your spot with the CHOICES counselors to review your Medicare information. As always, please call me with any questions or concerns. Sincerely,

Meet & Greet with Easton's E.M.S. Department Thursday July 20th from 10:30-11:30

Come meet our new, full time Emergency Medical Technician, Peter Fiore. Peter will discuss what the EMS department does, and what services they provide. He will also talk about the importance of having your medical information handy and be giving out File of Life packets. So come meet one of our town's newest first responders and find out more about the EMS.

Refreshments will be served and please RSVP to Alison at 203-268-1137.

Please, call Pam Healy to arrange a visit. She is a caring listener, and has valuable information about the social services programs and resources available to you. Pam is available to you with just a phone call **203-261-0289**.

The Commission for the Aging does not meet over the summer, but resumes their meetings in September.

HAPPY FOURTH OF JULY