SENIOR NEWSLETTER JULY 2016

MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137 awitherbee@eastonct.gov

MONDAY - FRIDAY Hours: 9 AM to 2 PM OUTREACH PAM HEALY 203-261-0289

Dear Friends,

It is July how did this happen? I know that on hot days I like to come to work so I can cool off you should too! Remember staying hydrated and cool is important for your summertime health! I know that a bunch of you have asked to go and tour the new facilities that are part of Jewish Senior Services, but they are putting the finishing touches on them so maybe by the end of this month or in August we could put together a group for a tour. For those of you about to be new to Medicare I already have my Open Enrollment dates on the calendar (10/18/16 and 11/15/16) so call me to sign up for your spot with the CHOICES counselors. We will be heading to the great state of Maine for a family reunion which we are all looking forward to. I wish all of you who will travel over the summer a safe trip and a wonderful vacation. Please do not hesitate to call with any questions or concerns that you may have. Happy Summer!!!!!!

Sincerely,

Please, call Pam Healy to arrange a visit. She is a caring listener, and has valuable information about the social services programs and resources available to you. Pam is available to you with just a phone call **203-261-0289**.

The Commission for the Aging does not meet over the summer, but resumes their meetings in September.

HAPPY FOURTH OF JULY