February 2018

Municipal Agent For The Aging Eileen Zimmerman 203-268-1137/ Pam Healy 203-261-0289

I hope that everyone enjoyed their Holidays and stayed safe during the snow storm.

FUEL ASSISTANCE: applications can continue to be submitted. Please call me if you have any questions.Please, do not let your oil tanks get too low. When a tank runs too low sediment builds and then even after it is filled it may not work and it will then need to be serviced.

Food Closet: Do to the generous donations from the Easton Community we have food available for those who may need it. Please don't hesitate to reach out to me either by phone or in person if you or a friend could benefit. I am also happy to drop off the food at your home if that would make you feel more comfortable.

Community Involvement Opportunity: Easton's seniors serve very important roles in our community and in their families so I hope that some of you will consider going to this training. The social worker at Barlow HS is running a Youth Mental Health First Aid (YMHFA) Training which focuses on the signs and symptoms and learning an action plan if a young person you know is experiencing mental health or substance abuse issues. This 8hr. course will be given 9-1 on Tuesday January 30 & 9-1 on Thursday February 1. There is a cost 18.95 which covers the text book. If you are interested you will need to register ASAP to Marianne Pieratti <u>mpieratti@er9.org</u> or 203-938-2508 x 1524

Save The Date: Saturday March 24th 11-1 at the Easton Library a New To Medicare presentation by Lisa a SWCAA Choices Counselor .

Save The Date: Thursday March 22nd 3:00 at the Easton Library there will be a presentation on how to use your library card to access all the great things that the library has to offer from the comfort of your home using your computer, ipad etc.