SENIOR NEWSLETTER FEBRUARY 2016 MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137 awitherbee@eastonct.gov MONDAY – FRIDAY Hours: 9 AM to 2 PM OUTREACH PAM HEALY 203 261-0289

Dear Friends,

The month of February holds a special place in my heart not only because of Valentine's Day but because this is the month in which I started this job!!!! It has been two years and I continue to love what I do, and find reward each and every day! I have some news, which some of you might have read about in the First Selectman's article in The Easton Courier, but I have taken on another role for our town. As of the New Year I am now the Social Services person for residents of Easton who are UNDER 62 years of age. This was a job previously held by Josephine Stengvist who retired in December. I am now the person who can help those individuals, or families, with Fuel Assistance, Social Security and Medicare related issues, or assistance with home or child care referrals. You can reach me at 203-268-1137 or email me at awitherbee@eastonct.gov with any questions or concerns you may have. I am excited about this new opportunity to help those in need and expand my role under the umbrella of Social Services for the town! I have many sweethearts to thank and they are Kay, Val and all of the staff and volunteers at the ESC who make coming to work such a pleasure, Pam Healy who has the kindest heart and gives new meaning to the term "collaboration" and for the members of my Commission for the Aging (CFA) for their continuous guidance and support. XOXOXO.

Fuel Assistance & Fuel Tips

PLEASE, do not let your oil tank get too low!!! If you can't check the level ask a family member or neighbor to check it for you! When a tank runs very low sediment builds and then when you fill it with lines can get clogged resulting in the furnace shutting down!!!! Be mindful of when you get deliveries and mark on your calendar to check the tank 2-3 weeks after a delivery so that you can monitor the level. Also, try not to crank up the heat all the time, come to the Senior Center for the day so your furnace can have a rest it's plenty warm here!!! Fuel Assistance applications can continue to be submitted and please call my office **203-268-1137** with any questions you may have or, to make an appointment to fill out an application.

Please, call Pam Healy to arrange a visit. She is a caring listener, and has valuable information about the social services programs and resources available to you. As your **Easton Outreach Visitor**, Pam is available to you with just a phone call 203-261-0289.

Happy Valentine's Day