

**SENIOR NEWSLETTER      DECEMBER 2016**  
**MUNICIPAL AGENT FOR THE AGING/TOWN SOCIAL SERVICES**  
**EASTON SENIOR CENTER      ALISON WITHERBEE 203-268-1137**  
**awitherbee@eastonct.gov**  
**MONDAY – FRIDAY Hours: 9 AM to 2 PM**  
**OUTREACH      PAM HEALY      203 261-0289**

Dear Friends,

As I write this introduction it is 60 degrees outside not very winter like, but it is upon us! Despite the balmy temps today the snow will come and if you need a referral for a person to shovel your walkway call my office or Pam Healy. Please, make sure you have a working flashlight handy in case of a power outage. The holidays can be festive and fun but, they can also be exhausting, stressful and sad for some so remember that Pam is available for a friendly visit! I wish all of you a happy and healthy holiday!

**MEDICARE & OPEN ENROLLMENT**

Open Enrollment for changing your Medicare health or prescription drug coverage ends on **December 7<sup>th</sup>, 2015**. If you haven't done so please compare your coverage with other options. In most cases, this may be the one chance you have to make a change to your health and prescription drug coverage. It is always a good idea to review your plan to make sure that your medication will be covered on your plan's formulary. If you are a "snow bird", then check to see if your plan contracts for out-of-state coverage – if not, then ask your doctor if it is possible to write for a 90-day prescription!

**Fuel Assistance**

Fuel Assistance applications can continue to be submitted. Please call my office **203-268-1137** with any questions you may have or, to make an appointment.

**Please remember to donate to *The Martha Carrie Schurman Fund***, which was established by Martha's late husband, Al, in memory of his wife and her battle with Alzheimer's disease. Funds are awarded to **Easton** seniors who fall into a category of extreme financial need. Every donation helps! The fund has helped many in troubled times and we cannot continue to help those in need without your support! On behalf of myself, Pam Healy and The Commission for the Aging THANK YOU!!!

**The Commission for the Aging** will meet this month on Tuesday, December 6<sup>th</sup> at 5 pm at The Senior Center.

*Please, call Pam Healy to arrange a visit.* She is a caring listener, and has valuable information about the social services programs and resources available to you. As your **Easton Outreach Visitor**, Pam is available to you with just a phone call 203-261-0289.

*Happy Hanukkah*

*Merry Christmas*

*Happy New Year*