

SENIOR NEWSLETTER SEPTEMBER 2022
MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES DIRECTOR
EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137
awitherbee@eastonct.gov
HOURS Monday through Friday 8:30 to 3:30

Dear Friends,

Thank you to those who attended my Lunch & Learn on navigating a post hospitalization rehab stay, it was an informative presentation and for some of you very timely! There's lots going on in September the town party on September 10th from 1 pm to 7 pm, the beginning of the energy assistance season (read below) and right around the corner, Medicare Open Enrollment! The Grow a Row program was a huge success and thank you to Shaggy Coos, Silverman's, Food Rescue US, and the many Easton residents who donated produce from their gardens or eggs from their coop! We hope to build upon the program for next year. The last day for drop off and delivery is September 13th! Happy Labor Day,

ENERGY ASSISTANCE

Energy Assistance season is here and applications can be done at my office starting September 15th or you may contact **Alliance for Community Empowerment** www.alliance.com or call 203-366-8241 if you prefer. You are welcome to call me to see if you qualify, or have any questions. If you would like to come to my office and complete an application please call, or email me, to set up an appointment. If you are approved for energy assistance deliveries begin on November 1st.

The following documents are required for applications:

- Bank Statement (for every member of the household)
- Current UI bill
- Any paperwork pertaining to Employment/Unemployment/Pension
- Paperwork from DSS if you are receiving SNAP benefits

The Commission for the Aging will meet on Tuesday September 6th at 5pm at the ESC

Happy Labor Day

