## SENIOR NEWSLETTER MAY 2023 MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES ALISON WITHERBEE

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Hours: Monday through Friday 8:30 to 3:30

Dear friends,

I hope that you have all been enjoying this summer, I mean spring, weather. Everything is bursting and it's time to open those windows and let the fresh air inside. The Easton Garden Club, which has been so generous to my seniors in so many ways, are having their annual Garden Mart on Saturday, May 13<sup>th</sup> on the firehouse green. Even if you're not planting a garden there are so many beautiful specimens to look at and lots of great Mother's Day gifts for sale. I will be there at a table to talk about Grow a Row which is entering it's second season (read the back of this letter for more information). Look for a postcard in your mailbox soon from the Commission for the Aging about services that the Town of Easton offers seniors.

XO,

## **OPEN HOUSE on May 24th at the Easton Senior Center**

Come learn about all of the wonderful programs that the Senior Center has to offer, and may I remind you that coming to the Senior Center does not mean you are old! In fact, many of the classes and activities are designed to keep you young! I will be there talking about what I do as your Municipal Agent so look for me, or stop by my office!

The Commission for the Aging will meet on May 1st at 5pm at the ESC

Happy Mother's Day Happy Memorial Day