

**SENIOR NEWSLETTER JUNE 2022**  
**MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES DIRECTOR**  
**EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137**  
**[awitherbee@eastonct.gov](mailto:awitherbee@eastonct.gov)**  
**HOURS Monday through Friday 8:30 to 3:30**

Dear Friends,

Thank you to all of those who attended "What Tips Your Balance?" it was a huge success, and clearly it was a topic that people are interested in. I think we will have it again in the fall so those who could not attend will be able to come. I would like to know about other topics that are of interest to you so send me an email or call me with any suggestions you might have! Also, I received an anonymous letter from a senior in town wondering about *bi-lingual services* for some of our residents who might need a translator. This is a fantastic idea and if you speak a language (almost fluently) and would like to join our list of translators please give me a call. I already have signed up one senior, who is fluent in Italian, to get us started, ECCEZIONALE!!!!!! Read below for information on **Grow A Row** and flip the page to learn more about **Coffee Klatch at Greisers!**

Take care,

**Grow-a-Row Now for Distribution to Easton's Elderly**  
**Backyard Gardeners Can Share Bounty with Home-Bound Seniors**

Beginning on June 7, residents can bring veggies, fruits, eggs and honey from their gardens, coops and hives to Shaggy Coos every Tuesday from 8 a.m. to 1 p.m. A Food Rescue US volunteer will pick-up the donated produce and distribute it to home-bound seniors in town.

Food Rescue US, whose mission is to reduce food waste and food insecurity in America, has paired up with Easton's Energy & Environment Task Force to provide home-bound seniors with fresh locally grown produce. In the meantime, to learn more about the initiative contact **Diane Geisert at [diane@foodrescue.us](mailto:diane@foodrescue.us)** not Shaggy Coos.

*The Commission for the Aging will meet on Monday, June 6<sup>th</sup> at 5 pm at the ESC*

*Happy Father's Day & Happy First Day of Summer*