

SENIOR NEWSLETTER JULY 2023
MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES
ALISON WITHERBEE

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Hours: Monday through Friday 8:30 to 3:30

Dear friends,

Summer is here and I hope that you are all enjoying it! **Grow a Row** started up in June and it looks like it is going to be a bountiful season! If you are interested in volunteering, or know of a senior who might benefit from this program, or you just want more information please reach out to me. A huge thank you to Patti Popp, Shaggy Coos, and the volunteers who have helped us in these early weeks!



Aspetuck Health District/Community Needs Assessment

Please take a moment to read about the Community Needs Assessment that our Aspetuck Health District (AHD) is conducting. This may or may not apply to you but, they are looking at the senior population, food insecurity and mental health issues within our communities (Easton, Weston and Westport). The findings will help the AHD better serve our community, especially in these areas. Please read the information on the other side of this letter!

The commission for the Aging does not meet over the summer

