

SENIOR NEWSLETTER APRIL 2023
MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES
ALISON WITHERBEE

203-268-1137 awitherbee@eastonct.gov

Hours: Monday through Friday 8:30 to 3:30

Dear friends,

It seems like Winter and Spring can't make up their minds, the daffodils are coming up and it's 30 degrees this morning! Spring is coming and with it are lots of programs and presentations. Grow a Row is returning in June so if you want to know more about this program please call me or stop by the Easton Garden Club's plant sale on May 13th! Look for a postcard in your mail from the Commission for the Aging on services for seniors and ways to access more community resources. It's Senior Tax Relief time so if you haven't already completed your application call the Assessor's office at Town Hall and ask to speak to Rachel or Pam 203-268-6291 (read the other side of this letter for all the information). Read below for the details on a lunch and learn at the end of April.

Please Join Us

Lunch & Learn on Friday April 28th at 12 noon

10 Warning Signs of Alzheimer's Disease and How to Identify and Address Concerns

Join us for this educational program where we will explore the most common signs of Alzheimer's, what to do if you notice a sign, and how to differentiate what is normal aging and what is not. Know the 10 signs-early detection matters! Program presented by Danielle Ramos, CPD, Community Educator with the Alzheimer's Association.

Lunch will be provided please RSVP to Alison at 203-268-1137

The Commission for the Aging will meet on April 3rd at 5pm at the ESC

