

SEPTEMBER PROGRAMS AND NEWS

LADIES LUNCH BUNCH: Friday, Sept. 30, Monroe Diner, 568 Main Street. Order off the menu, and pay them! Call to reserve a spot, and let us know if you need the van.

CALAMITY COOKING Tues., Sept. 27, 10am. With Hobie Summers. New England Clam Chowder with crusty bread and garden salad. \$10. Sign up! Limit to 12.

DAVID KATZ will return to make Medicare easy to understand. David is a 28 year Easton resident and Medicare Agent who will review Medicare enrollment; parts covered by A and B; Medicare costs; coverage change and how to save money. Wednesday, Sept. 14 at 10am. Sign up essential. Individual appointments available if necessary.

PRABHA & AMANDA will introduce different varieties of smoothies! Mango with yogurt (Mango Lassi, Indian); Acai & blueberry with apple juice, and a couple more fruit inspired varieties! Vegan granola. Fun and delicious new class! FREE. Wednesday, September 28, 11am. Bring your vegetarian/vegan appetite & questions. Limit to 12.

AARP DEFENSIVE DRIVING: Wednesday, October 19, 8am-12noon. Sign up early for this class in the Fall before the bad weather.

AMERICA THE TASTY: Enjoy the taste of the most famous sandwich in every state! This month it's ALASKA! Salmon salad! Salmon, mayo, celery and onion; crunchy cucumber. Cost \$5.00. Friday, Sept. 16, 11:30am.

LUAU: September 23rd, 10am-3pm. Come in at 11am and meet an authentic hula dancer! Janine Oliva was born and raised in Hawaii. She began dancing at the age of 3, learning traditional hula at schools on Lanai & Maui. Hawaiian inspired snacks will be provided. \$1.00 (pay in pennies!!)

FALL FLOWER FUN: Bring home a beautiful fall arrangement. Vases provided or bring your own vessel. Also, please bring sharp scissors or small pruners. We will also discuss fall perennials for your garden. Friday, Sept. 23, 11am with Maryellen and Diane.

WILD BIRDS UNLIMITED: Coming in October! Migration and winter birds. More info. coming!

BRAIN GAMES: with Danielle Ramos is an enjoyable and effective way to improve brain health through a variety of trivia and word games. Tues., 9/13, 10:45. Food provided. This program is not only fun but good for you!

HELPING FOLKS WITH PHONES AND COMPUTER/LAPTOP TABLET HELP: Randy or Tim will assist you/ Sept. 12 & 26, from 12-3pm. Sign up. 1/2 hr. appts.

COMPUTER/LAPTOP/TABLET HELP: Having trouble with email, using a computer or laptop. Let Tim help you. Monday, Sept. 12 & 26, from 12-3pm. Sign up. Hands on, one on one help. Half hour appointments.

CALLING ALL KNITTERS: Free yarn and needles. You should see the wonderful collections of hats and gloves we already have received and sent to Ukraine for fall and winter. Drop off donations at the Easton Senior Center.

POCKETBOOKS & JEWELRY SALE: Come in and shop for pocketbooks and a wonderful variety of new jewelry pieces. Sept. 12-30th, 8am-3.30pm Mon.-Fri.

DONATIONS: Please see front page.

SACRED HEART YOUTHFUL HEARTS CHOIR and GUYS & GALS QUARTET: Both performing in December! Dates to be announced. Sign up now.

UKRAINE DONATIONS: New baby clothes. Knitted or bought blankets, scarves, hats, gloves, sweaters, warm socks. We have sent multiple shipments!

MOHEGAN SUN TRIP: Still time to sign up!! We are trying to fill the bus to keep cost down. Weds., Sept. 14.

ST. DIMITRIE ORTHODOX CHURCH 42nd ANNUAL FESTIVAL: Sept. 9, 5-9pm & Sept. 10, 12-9pm. 504 Sport Hill Rd., homemade Mediterranean food. See flyer.

TRIVIA: Wednesday, September 14 & 28 with Randy at 1pm. Call to sign up! Prizes awarded.

ROUNDTABLE TALK: With Val. Should we try to erase history? Should we discuss and learn from it? Are we re-living history? Should we show true story movies? Weds., Sept. 14, 11am-12pm. Snacks provided. Let's talk!