

NOVEMBER PROGRAMS AND NEWS

LADIES LUNCH BUNCH: Jennie's Pizzeria, 380 Monroe Tpke., Monroe, CT. Thurs., Nov. 16th at 11:45. Sign up, and let the desk know if you need the van! Note time! Order off the menu, great lunch specials!

TRIVIA: Wednesday, November 8th (with US History Book combined class) and Weds., Nov. 29 with Randy at 1pm. Must sign up!! Prizes awarded.

MEDICARE David Katz, a 30 year Easton Resident and Medicare agent with United Health Care will give an educational and informational presentation on Medicare Basics. Are you turning 65 within the next few months, retiring & losing your health insurance. An educational meeting or talk to David one on one Weds, Nov. 15th, 10am.

VEGETARIAN/VEGAN COOKING with Prabha. Personal Pizza! Various vegetables for topping will be available. Thursday, November 30 at 11am.

PHONES, COMPUTERS LAPTOPS and TABLETS. Bring your phone, laptop, etc. Randy or Tim will help you. Monday, Nov. 6, 13, 20, 27 12-3pm. Call for appt.

MEXICAN DOMINOES: Looking for new players. Every Weds., Nov. 1, 8, 15, 22, 29, 9am-11:45am. Beginners welcome! Lots of fun & you can learn very quickly! Sign up!

DONATIONS WANTED: Jewelry, pocketbooks, Boutique items, snacks for our kitchen, yellowfin tuna in water, boxed pasta and pasta sauce, black olives, mayo (any brand), juice, soda, etc. Please check expiration dates!

RAFFLE TICKETS are now on sale October 16th and will close on Dec., 20th. 12 days of Christmas prizes (each prize worth \$50. or more). \$2.00 each. Can you help us sell tix?

DISCOUNT DRUG INFORMATION: Do you want to save money on prescription drugs? CT residents with a fixed income are disproportionately impacted by the prescription drug cost crisis. On Thurs., Nov. 2, 10am-11am. Comptroller Sean Scanlon will discuss the states new Prescription Drug Discount Card Program called ArrayRX.

LOTUS LANTERNS: Lotus Lantern Craft Workshop The member of Korean Spirit & Culture will make lovely lotus flower lanterns. Monday, Nov. 20 at 11am. \$5.00/pp

ROCK PAINTING: Now a monthly class. Paint & decorate a rock for our new rock garden! Weds. Nov. 1, 8, 15, 22, 29 at 2pm. All materials provided. FREE!

KNITTING Needed: Scarves, hats & gloves sell in our boutique. Every Fri at 10am-11:30am. Yarn avail.

SILK SCARVES: ! Join Danielle Ramos & make your own personal scarf! Fri., Nov. 17th 2pm. Sign up

U.S. HISTORY BOOK: Saints. Weds., Nov. 8th, 2pm (with Randy's Trivia) Interested in learning & talking about spiritual greats? Sign up for this interactive class!

COOKING WITH DIANE & DUNCAN: Come in the kitchen and learn how to make Mexican taco's with Mexican rice! Chicken or Vegetarian, toppings will be available! Friday, Nov. 17 at 11:15am.

COOKING WITH PIKU: Kedegree (a gruel made with rice, lentil and vegetables) with tofu and pesto stuffed mushrooms. FREE! Tues., Nov. 21 at 11am.

SCAMS: Join Dr. Bindleglass and Easton Police to discuss online and "phishing" scams are at an all time high. They will go over the common scams that are being used and how to identify them, including fake text message scams, computer virus scams and common "grandson" schemes. We will go over check washing and home improvement schemes. Enjoy a breakfast during this important discussion. Thurs., Nov. 16th at 10am. Sign up!!

SLOW THE OSTEO PART 2: with Roderike Pohl, PH.D BCHN; We will explore the pros and cons of conventional and alternative therapeutic options including the mechanisms of action and an understanding of short and long term beneficial effects. Weds, Nov. 15th at 2pm.

FABRIC PUMPKINS: Make beautiful Thanksgiving center pieces with fabric pumpkins w/Cindy. Bring scissors. Monday, November 6th at 12:30. Sign up with front desk!

DECOUPAGE HOLIDAY PLATES: With Cindy; fun festive fabric. Bring scissors. Mon. Nov. 28th at 2pm. Sign up

ATTY TENORE: Fri., Nov. 17th 9:30am. (Part 2). Will the State take my house? Will I be forced to leave my home? What about my income? Open table including Medicaid. Bring your questions!