

AUGUST PROGRAMS AND NEWS

LADIES LUNCH BUNCH: Vazzy's, 415 Main Street, Monroe Thurs, Aug. 24, 12noon. Order off the menu and pay there. Please sign up soon, and let us know if you need the van service. Note time change.

CALAMITY COOKING with Hobie returns Sept.

TRIVIA: Wednesday, August 30th with Randy at 1pm. Must sign up!! Prizes awarded.

MEDICARE David Katz, a 30 yr Easton Resident and Medicare agent with United Health Care will give an educational and informational presentation on **Medicare Basics**. Are you turning 65 within the next few months, retiring and losing your health insurance. Join us for an educational meeting Weds, August 9, 10am. Please sign up.

VEGETARIAN/VEGAN COOKING with Prabha. Yellow split Gram Lentils with zucchini and seasoned rice. Weds., August 10, 11am. Please sign in.

WORD PLAY: Variety of activities using the **Joggin your Noggin Series** written by Easton's own Mary Randolph. Fun and Challenging word games. Great for your memory. Thursday, August 3 & 17, 10:30—11:30. Please sign up.

PHONES, COMPUTERS LAPTOPS and TABLETS. Bring your phone, laptop, etc. Randy or Tim will help you. Every Monday, August 7, 14, 21, 28, 12-3pm. Please call for an appointment. BTW have you used our new computers here at the center.

MEXICAN DOMINOES: Looking for new players. Every Weds., August 2, 9, 16, 23, 30, 9am-11:45am. Beginners welcome! Lots of fun, and you can learn very quickly! Call for more info.

COOKING CLASS: Join Piku in the kitchen as she makes vegetarian meatballs with noodles. Thurs, Aug 17, 11am.

DONATIONS WANTED: Artificial Flowers, snacks for our kitchen, cans of tuna and chicken. ALSO..... Beauty supplies: Bars of soap, shampoo & conditioner, nail polish and remover, hairbrushes, combs, perfume, cologne. ALL MUST BE NEW AND UNOPENED

HARNESSING YOUR BRAIN POWER: What happens to your aging brain? Learn all about brain health, brain balance. Weds., August 9 at 2pm with Dr. Goldenberg.

ROCK PAINTING: Now a monthly class. Paint and decorate a rock for our new rock garden! Weds. August 16 and 30 at 1pm. All materials provided. FREE! Call to sign up! You don't need to be an artist! Note time change! This is an informal get together, not an instructional class.

KNITTING get together: Every Friday at 10am-11:30am. Yarn and needles available at no cost.

WEEKLY BOOK CLUB Next meet on Tuesday, September 5, 10am-11am. To discuss *The Dying Citizen* by Victor Davis Hanson.

SILK SCARVES: Back by popular demand! Unleash your inner artist. Join us for a fun scarf painting class. You will leave with a beautiful, ready to wear silk scarf, designed and painted by you! No artistic ability needed. Presented by Danielle. Friday, August 18, 2pm.

CANDLE MAKING CLASS: Come in and make your very own scented candle! Scent is a powerful tool that can transport us to another place, a certain memory, or just for relaxation. Join Diane on Weds., August 23, 2pm, Sign up!

WALLPAPER WREATHS: Make your own decorative wreath with beautiful unique wallpaper scraps. This is great to hang inside and change out with your seasonal décor, or give it as a gift to someone special, Instructor is Cindy Please sign up! Friday, August 11, 2-3:30pm.

COOKIE CANISTERS: Decorate your own canister with fabric and create a unique canister to give cookies, breads, etc. or keep it for yourself—these canisters are great for storage too Instructor is Cindy! Monday, August 21, 2-3pm.

SUMMER HAT: Join Maryellen and create your own unique Straw Hat with Ribbon and Artificial Flowers. A very useful creation to shield you from the Sun or Hang on your front door. Please feel free to bring in artificial flowers and scissors. Friday, August 25, 11am.

HAND, FOOT & ELBOW NEW CHALLENGING CARD GAME: Every Friday! August 4, 11, 18, 25 at 11am. All Welcome!

Easton K9 will be visiting the center in the fall!! Look for more information!!!