

MAY PROGRAMS AND NEWS

LADIES LUNCH BUNCH: Pizza Palace, 2063 Black Rock Tpke, Fairfield. Breakfast! Order off menu. Thursday, May 16, 10am. Let us know if you need the van. Sign up with desk. (Note time for breakfast!)

CALAMITY COOKING with Hobie Summer. Surprise menu. Tues., May 21, 10am. \$10. per person.

TRIVIA: Wednesday, May 15 at 1:00pm with Randy. Must sign up!! Prizes will be awarded as a donation to charitable funds chosen by the winners.

MEDICARE David Katz , 30 year Easton Resident and Medicare agent with United Health Care will give an educational & informational talk one on one **Medicare Basics.** Turning 65, retiring or losing your health insurance will be discussed. Weds., May 15 at 10am. Call for appt.

VEGETARIAN/VEGAN COOKING with Prabha. Thurs., May 16, 11am. Chickpea & tofu in gravy with rice. You must sign up and stay to enjoy lunch!

PHONES, COMPUTERS LAPTOPS and TABLETS. Bring your phone, laptop, etc. Randy or Tim will help you. Monday, May 6, 13, 20, 12-3pm. Call for appt.

MEXICAN DOMINOES: Looking for new players. Every Weds., May 1, 8, 15, 22, 29, 9am-11:45am. Beginners welcome! Lots of fun & you can learn very quickly! Sign up!

SPECIAL DONATIONS: Jewelry in any condition! And like new pocketbooks (clean).

SELF-CARE IS HEALTHCARE & TOTAL WELL-BEING: Practical tips anyone can use regardless of age to improve your mental, emotional, physical & spiritual well-being. Weds., May 8, 11am-12noon Dr. Vivian Hardison.

BUNCO: with Randy Weds., May 29, at 2pm. This fun dice game with 12 or more players divided into groups of 4 trying to score points while taking turns rolling dice. A special ESC "coupon" for the winners

WILD BIRDS UNLIMITED: Migratory birds coming to Connecticut, and what we might see in our yards, and how to attract them. Weds., May 1, 11am. Please sign up for this very informative class with Chris.

KNITTING YARN NEEDED: .

FLOWERS WITH CINDI: April showers bring May flowers. Come & learn how to make paper & fabric flowers. Bring scissors & sign up. Thurs., May 30, 2pm. Sign up!

PEARLS WITH CINDI: Make a beautiful pearl bracelet in different colors! Thurs., May 23, 2pm. Sign up!

CASABLANCA PRESENTS: Please join Tim, an avid Casablanca collector . Monday, May 13th after the movie!

SOUTH INDIA: Don & Elsa, The Armchair Travelers will take us to a land back in time. It is filled with exotic & diverse cultures. Everywhere we went we experienced new sights, sounds & fascinating people Friday, May 17, 2pm.

FIRE SAFETY: Fire Marshal Peter Neary will be in to provide a program on fire safety for older adults. Identify the perils of fire & the behaviors needed to keep safe. There will be a continental breakfast & door prizes. Friday, May 10, 9:30am. Sign up essential.

FREE TECH HELP FOR SENIORS: At home assistance with phones, tablets & computers. Help with email, social media, video calls & more. Troubleshoot technology issues and stay connected. Call 203-666-6932.

ESC CONCERT: Thursday, May 2nd, 11:15am. Come enjoy some great songs while enjoying lunch. *See front page*

KENTUCKY DERBY: in celebration of the Kentucky Derby (wear your decorated hats!) Tuesday, May 7th, 11am. We will have "horse racing"; all you need to do is roll the dice! Kentucky finger foods will be served & mock mint Julip.

PROFESSIONAL MAKE-UP ARTIST: Jobi (who does his own make-up and looks exactly like Michael Jackson)! Will be in and learn how to apply the correct make-up! This class is limited to 20 so sign up essential. Thursday, May 9, 11am-1:30pm. *See front page.*

PATRIOTIC CLASS with Danielle. Come in and make a patriotic craft for Memorial Day. Friday, May 17th at 2pm. Please call to sign up.

COOKING WITH PIKU: Thurs., May 23, 11am. Potato curry with unique crispy fried Indian bread called Bedmi Puri (an Indian breakfast dish).