

FEBRUARY PROGRAMS AND NEWS

LADIES LUNCH BUNCH: Archie Moore's, 48 Sanford St., Fairfield. Order off the menu, and pay there. If you need bus please let us know when you sign up. Friday, February 24th at 11:30am.

CALAMITY COOKING with Hobie Summers. Will return in April.

TRIVIA: Wednesday, February 8 & 22 with Randy at 1pm. Must sign up!! Prizes awarded.

DAVID KATZ The New Year is a great time to review your Medicare coverage and to understand Medicare if you are planning to retire in 2023. David makes Medicare made easy to understand. He is a 29 year Easton resident and Medicare Agent who reviews Medicare enrollment; parts covered by A and B; Medicare costs; coverage change and how to save money. Wednesday, February 8th at 11noon. Sign up essential.

PRABHA & AMANDA: Vegetarian/Vegan cooking! Will return in March!

WORD PLAY: Variety of activities through Joggin your Noggin Series written by Mary Randolph will be in twice a month between 10:30—11:30. Please sign up. Please call the center for dates.

TAG SALE: Started January 17th, 8:30am-3:30pm, Mon.-Fri. Details on the front page. **TREMENDOUS BAR-GAINS.....**Make a deal! Will continue through **FEBURARY 28TH!**

HELPING FOLKS WITH PHONES AND COMPUTER/LAPTOP TABLET HELP Bring your phone, laptop, etc. Randy or Tim assist you. Monday, February 6, 13 & 27 from 12-3pm. Sign up. 1/2 hour appts. Please call to sign up and reserve your time.

MEXICAN DOMINO'S: Is looking for new players. Every Weds., 9am-11:45am, with brief coffee break. Beginners welcome! Lot's of fun, you can learn very quickly! Not competitive, just enjoy and have a social morning. Cal the front desk to sign up or for more information.

BRAIN GAMES: With Danielle Ramos, it's an enjoyable and effective way to improve brain health through a variety of trivia and word games. Tuesday, February 21, 1pm. Food provided.

JEWELRY & POCKETBOOK: We are still accepting **your unwanted jewelry AND good condition high end pocketbooks!** Sale will continue!!!

U S HISTORY BOOK: 4th program in the series subject on **MUSIC!** This is a great interactive activity! Wednesday February 15th. at 1pm. Test your knowledge on music and listen to some great songs **PLUS "Build Your Own History Book"**. Please sign up!

LINE DANCING: Must sign up! See inside for more info. Friday, February 3 & 17 at 9am. This is a beginners class!

MEDITATION: with Christine Preston on Tuesday, February 21 at 10am. Please sign up in advance!

KNITTERS are still needed! and we are still accepting hats, gloves, scarves to send to the Ukraine!

TERRA COTTA SNOWMAN: Join Diane T and make a terra cotta snowman! Limit to 9 so sign up early! Everything supplied! Free!!! Friday, February 24 at 11:00am.

COOKING CLASS: Shephard's Pie. Come in the kitchen with Val, Althea and Diane and make a Shephard's Pie to be shared! (Ingredients: Chopmeat, vegetables, mashed potatoes). Then enjoy the movie. Friday, February 17th.

THE SECOND IN A HISTORY SERIES : The First American, by the Gingrich foundation. See back movie for more information. Tuesday, February 7th.

FLORAL CLASS: Learn how to make tissue paper flowers with Maryellen and Diane. Take home a Real Rose in a bud vase to celebrate Valentine's Day. Sign up to reserve your spot. Friday, February 10th at 11am. **PLEASE BRING YOUR OWN SCISSORS.**

****SPECIAL COOKING CLASS WITH CHEF FIRST SELECTMAN DR. BINDLEGLASS**** Will be in March to teach a cooking class! **CRAB CAKES!** Look for more information in the next newsletter!! **FREE!** Bring your kitchen questions and your appetite. Limited space