



# MARCH EASTON SENIOR CENTER NEWS

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## MISSION STATEMENT

The Easton Senior Citizen's Center is an intellectual, educational, cultural and social center for adults of all ages, but especially for retirees, seniors, and physically challenged adults. Its purpose is to enrich the town and surrounding communities and to provide assistance to individuals and communities in need.

## SERVICES

- Cable TV
- Computers
- Fax Machine
- Internet Access
- Notary Public
- Justice of the Peace
- Large Print Books
- DVDs
- Reading Library
- Mail Services
- Amazon Prime
- Netflix
- Photocopying
- Therapy Equipment
- Haircuts
- Manicures and Pedicures
- Handyman Lists
- Massage Therapy
- Seamstress
- Bus transportation for homebound
- Wi-Fi [Free]
- Shredder

Thank you to Anna & James Linley, Joseph and Valerie Mocarski, R. Kenneth Connolly for their contribution to the mailing of this month's newsletter

This month's newsletter is offered in loving memory of John Poidomani, one of the original members, and he will be sorely missed. Edith Hersher and Kathleen Poidomoni donated to future classes here at the center in memory of John.

INCLEMENT WEATHER in case of class or program cancellation are announcements will be made on Chanel 3, 8 and 12. We do not make a decision based on school closings. Our transportation to dialysis and chemotherapy and the like often starts as early as 6:30am, depending on appointments. The Senior Center does not usually close and remains a place to keep warm if needed. The only time that closing will happen is if weather conditions become very concerning, and the First Selectman closes all town buildings.

CREATIVE COOKING FROM STUDENT CHEFS AT THE SPEECH ACADEMY: You might be curious about the glorious smells of the culinary masterpieces coming from our kitchen every Weds morning. They are student cooks from The Speech Academy next door. They are learning the different aspects of cooking, from safe food preparation to chopping, mixing and clean-up. They are so happy to share their creations. We are in the kitchen from 9-11:45am. Please stop by to meet our cooks! This descriptive paragraph was written by a student of the Academy. This is all part of Easton Senior Center's commitment to cross generational learning.

DR. BINDELGLASS COOKING CLASS: See inside for more information. \$5. per person funds to be donated toward exercise classes offered at the Easton Senior Center.

VOLUNTEERS STILL NEEDED: Opportunities are front desk, Tag Sales, Special Events, Boutique and help with the monthly Newsletter. Please call to sign up! A volunteer orientation with Maryellen Diana will be arranged, and date and time will be determined.

BE SURE TO LOOK INSIDE FOR MANY NEW PROGRAMS!!!! A new program with Joyce making a family journal to enjoy! See inside "Classes" for more information. Call to sign up!

Line Dancing and Meditation have been such a huge success that these classes will continue.

WANTED: Your broken gold jewelry, gold or silver pieces or coins, silverware, etc. or cash or loose change for our coffee jar. Also, good condition pocketbooks and unbroken nice jewelry pieces for our continued sale. YARN is needed for our new knitting club! Please drop off at the center.

March 1-14 TAG SALE: \$5-\$10. FILL A BAG!!!! Great items left.

Gardeners....come in to plant Sunflowers , herbs, spices and learn about shamrocks (see inside).

Keep a lookout for our new restroom automatic doors. Watch for our transportation flyer coming to your Easton mailbox. Herbie, is back and working the desk as a volunteer welcome back!!