

## NOVEMBER EASTON SENIOR CENTER NEWS

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## MISSION STATEMENT

The Easton Senior Citizen's Center is intellectual, educational, cultural and social center for adults of all ages, but especially for retirees, seniors, and physically challenged adults. Its purpose is to enrich the town and surrounding communities and to provide assistance to individuals and communi-

**SERVICES** 

ties in need.

- Cable TV
- Computers
- Fax Machine
- Internet Access
- Notary Public
- Justice of the Peace
- Large Print Books
- DVDs
- Reading Library
- Mail Services
- Amazon Prime
- Netflix
- Photocopying
- Therapy Equipment
- Haircuts
- Manicure and Pedicure
- Handyman Lists
- Massage Therapy
- Seamstress
- Bus transportation for homebound
- Wi-Fi [Free]
- Shredder

Thank you to the following folks for your generous donations that have paid for the printing and mailing of this newsletter: the Jones Foundation, sponsored by the Tellalian Foundation, Lilla Cooper, Carmen Lynch, Dr. Alice Madwed, The Florence Andras trust, Jean Tippitt, the Friday Bridge group, the Mexican Domino group, Toni Mollica, Ms Jane Paley Price, Jane Kondratovich and Mr. & Mrs Graze. Special kudos to the National Charity League, seniors, and local and regional residents who worked hard to provide decorated grocery bags containing food for needy families for Thanksgiving.

COVID: As per the Governor, our First Selectman, and the State, whose advice, at present, is to continue to wear masks, and observe social distancing. Our rules will basically stay the same, based on a month to month decision-making process. All visitors must be vaccinated or obtain a negative Covid test within 72 hours when visiting the center. The October ruling will continue until the end of November.

Our First Selectman, Dr. Bindelglass remains our guide to specify that we continue with our specific local Covid rules from month to month. Kudos for his help throughout this worrisome period.

We dedicate this newsletter to a special Easton resident, Roger Damio, who frequently rode in the Senior Center van. Roger often donated cookies for seniors, and will be remembered for his wonderful sense of humor. He always thought of so many other people in need, and never thought of himself. His passing has brought tears to the eyes of so many members of our staff. Dennis will miss their conversations and their special friendship. Our prayers are with his family at this sad time.

Please note, sign up for classes will start on Monday, October 25th. To make sure everyone has an equal opportunity to sign up at the same time.

PLEASE REMEMBER TO VOTE IN OUR TOWN ELECTION ON TUESDAY, NOVEMBER 2nd at Samuel Staples Elementary School from 6am until 8pm. Absentee ballot details are available on the town website, or call the Town Clerk's office at 203-268-6291 for further information.

- ♦ NOVEMBER SPECIALS DETAILS FOLLOW
- ♦ NOVEMBER LADIES BREAKFAST get-together! Let's meet at Old Towne Restaurant in Trumbull for great food and good conversation! Sign up required. More details inside. Special ladies lunch bunch in December look for it in the December newsletter!
- ◆ CALAMITY COOKING LET'S TALK TURKEY ala KING!
- ♦ Thanksgiving specials: On Friday November 19th at 11am make a FRUIT BASKET to bring home to enjoy. View "My Life As A Turkey". Can you enjoy a turkey wrap to follow? Then stay and learn how to create a Thanksgiving floral display.
- **<u>YOGA PRESENTATION</u>**: Searching out the <u>HEALTH ATTRIBUTES</u> of yoga with instructor Christine Preston.
- ♦ Join Robert Casilla discover how to ILLUSTRATE a storybook is brought to life with incredible artistry.
- ♦ Also by public demand the return of <u>BIRDS UNLIMITED</u> Chris will talk about how you can prepare to feed the WINTER BIRDS.