

MAY PROGRAMS AND NEWS

LADIES LUNCH BUNCH: Boca Oyster Bar & Grill, 2425 Morehouse Hwy, Easton (H Smith Richardson Golf Course) Friday, May 20, 11:30am. \$25.00 includes meal, beverage, dessert, tax & gratuity. If you need bus service please call to schedule, or meet there. Call for menu.

CALAMITY COOKING with Hobie Summer. Tuesday, May 24 at 10am. Surprise menu! \$10.00 per person. Call to sign up!! Limit 15.

TRIVIA: Wednesday, May 4 & 25 with Randy at 1pm. Call to sign up! Prizes may be awarded.

3 DAY JEWELRY SALE Call for dates. New additions added weekly! Drop off your unwanted jewelry!

DAVID KATZ WILL RETURN!! A huge success! Spends time in explaining the intricacies of somewhat confusing Medicare. David is a 28 year Easton resident and Medicare Agent will Review Medicare enrollment; parts covered by A and B; Medicare costs; coverage change and how to save money. Thursday, May 5 at 10am. Small group discussion. Sign up essential.

ATTY. CHRISTINE TENORE: Round-Table discussion: Will resume in the fall. Do you have any questions, certain topics you are interested in being discussed. Call & let us know.

VEGETARIAN/VEGAN COOKING CLASS: What's the difference between vegetarian and vegan food. Come sample some yummy Indian-style cooking with Prabha! Menu: Rice and red kidney beans, potatoes with cumin and Ciabatta bread. Meet Amanda (Diane T's daughter) as she talks about being vegan. Amanda will bring in a vegan dessert (did you know Oreos are Vegan). Free! Sign up limited to 12! Thursday May 19th 11am

SPRING PLANTING: Come in Tuesday May 3rd 10am and help beautify the outside gardens of the Easton Senior Center, we provide the flowers, bring your own tools!

PROSTATE AWARENESS: . This seminar can be a life-saving issue. Meet Dr Paraiso on Wednesday May 11th at 12noon. Bring your questions or concerns.

SACRED HEART OCCUPATIONAL STUDENTS VISITS

2 students will be in on Friday mornings during weaving, stamping, chair/ball class and pre-movie screenings. Let's welcome them and make them feel at home. Easton Senior Center has always enjoyed cross generational programs. Fridays, May 20th thru July 29 between 9am-12noon.

BIRDS UNLIMITED: Chris will be in to discuss Spring migration and how to attract migratory birds in your yard. The focus will be on hummingbirds, orioles and the other neo-tropical migratory birds we can see in CT during the summer months. Thurs., May 12 at 11am

HELPING FOLKS WITH PHONES: Having trouble with your smartphone? How to download an app. Bring it in and let Randy assist you with the many different functions it can perform. Monday, May 16 & 23 from 12-3pm. Sign up

COMPUTER/LAPTOP/TABLET HELP: Having trouble with email, using a computer or laptop. Let Tim help you. Monday, May 16 & 23rd, from 12-3pm. Please sign up

MOTHER'S DAY: Come in and pot a little plant with Maryellen and Diane. Friday, May 6th at 11am.

CALLING ALL KNITTERS : We have begun to collect sweaters, hats and gloves for the fall and winter to send to Ukraine. (You may also purchase).

SPECIAL PRESENTATION/SPRING LUNCHEON/ FUNDRAISER: Sacred Heart Youthful Hearts Senior Choir & Luncheon. MENU: Penne with meat sauce, meatballs, sausage and peppers, chicken marsala, tossed salad, rolls and butter, and dessert. \$20. per person. Wednesday-May 18, choir starts at 10:30-11:30, luncheon follows. All original music by Dr. Michael Brown. Enjoy listening to your own seniors sing!

HEALTH FARE: WHAT TIPS YOUR BALANCE? Join Alison Witherbee, Municipal Agent. See inside flyer for more information. Friday May 20th.

TAG/BAG SALE: Don't miss our Easton Senior Center Tag Sale final days! Buy a bag bonanza. Call us for dates & details. 203-268-1137.