JULY PROGRAMS AND NEWS

LADIES BREAKFAST: Marianna's Pantry, 6528 Main Street, Trumbull. Friday, July 22, 11:00am. If you need van service please call to schedule, or meet there. Breakfast sandwich: egg & cheese, bacon, sausage or ham with egg & cheese on hard roll \$5.26; Omelets: Vegetable, meat & cheese or create your own with home fries & toast \$8.50; Pancakes (stack of 3) plain, choc. chip or blueberry \$8.50; Wraps: egg salad, tuna or chicken salad \$9.50. All includes drinks and tax. ORDER THERE, PAY THERE!

<u>CALAMITY COOKING</u> with Hobie Summer. Tuesday's Will be back in September!!!

TRIVIA: Wednesday, July 13 & 27 with Randy at 1pm. Call to sign up! Prizes awarded.

<u>DAVID KATZ</u> will return to make Medicare easy to understand. David is a 28 year Easton resident and Medicare Agent will Review Medicare enrollment; parts covered by A and B; Medicare costs; coverage change and how to save money. Monday, July 11 at 10am. Sign up essential.

<u>BOWLING:</u> Nutmeg Bowling. Sign up required. Spend a couple of hours bowling. Date and time to be determined for those who are interested. You can dine there. This will be a monthly social event.

PRABHA & AMANDA ARE BACK BY POPULAR

<u>DEMAND!</u> They will present a Vegetarian/Vegan lunch. Come enjoy a taste of India! Samosas & chickpeas with a bread roll. Cashew rolls for dessert. Amanda will introduce vegan rolls stuffed with tofu, cabbage, carrots & mushrooms (air fried) with delicious dipping sauces. You don't have to be vegetarian or vegan to enjoy this delicious treat. FREE!! Thursday, July 21 at 11:00am. Sign up early, space limited to 12! Bring your questions & your appetite!

FLORAL ARRANGEMENTS: POT LUCK! Vases will be provided. Try to bring some flowers from your garden or buy a boutique to SHARE with group, if you need help let us know. If possible bring scissors or small pruners. Friday, July 15 at 11am with Maryellen and Diane.

<u>AARP DEFENSIVE DRIVING:</u> Thursday, July 14, 8am-12noon. Sign up early, call for more details. CHICKEN BBQ: Come in the Easton Senior Center and enjoy a chicken BBQ with all the trimmings! There will be indoor and outdoor games, bring your friends! Thursday, July 28, 10:30-3pm. \$5.00 per person to help cover food expenses. RAIN OR SHINE!!! Dining will be indoors will if weather is inclement. Sign up essential!

HELPING FOLKS WITH PHONES: Continues with great success. Having trouble with your smartphone? How to download an app, etc. Make an appt. and bring your equip. and let Randy assist you. Monday, July 11 & 25 from 12-3pm. Sign up. Individual/half hour appointments.

COMPUTER/LAPTOP/TABLET HELP: Having trouble with email, using a computer or laptop. Let Tim help you. Monday, July 11 & 25 from 12-3pm. Sign up to make appointment. Hands on, one on one help. Half hour appts.

<u>CALLING ALL KNITTERS:</u> Free yarn and needles. You should see the wonderful collections of hats and gloves we already have received to send to the Ukraine for fall and winter. Drop off donations at the Easton Senior Center.

POCKETBOOKS & JEWELRY NEEDED:

Please bring in your unwanted slightly used pocketbooks and your unwanted jewelry. We will be collecting over the summer for our new September sale!

<u>DONATIONS:</u> We are still looking for <u>jigsaw puzzles.</u> New or used with all pieces.

MONTHLY SHOPPING TRIPS: Each month we will take 7 people and 1 wheelchair access to Trader Joe's on Saturday July 9, 9:30am & Stew Leonard's in Norwalk on July 23, 9:30am. Trader Joe's on August 13, 9:30am & Stew Leonard's on August 27, 9:30am. Please call to sign up. Our bus will take you, and wait while you shop! You can book for July & August in advance. We will continue with this tradition as long as seniors wish to participate.

HERBS: Join Sal Gilbertie as he talks about herbs. Everyone will get an herb to bring home to enjoy. Be sure to reserve a place as soon as possible. Thursday July 7, 10:30am. Spaced limited.