## SENIOR NEWSLETTER FEBRUARY 2022 MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES DIRECTOR EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137 <u>awitherbee@eastonct.gov</u> HOURS Monday through Friday 8:30 to 3:30

## Dear Friends,

I know that many of you are anxious about what's next with COVID, and I am here to remind you that we have gotten through the last (nearly) two years together, and we will prevail. The ESC has been closed for your safety, the bitter cold is upon us, but somebody reminded me that it's only 60 days until spring! Who knows if Punxsutawney Phil will see his shadow or not, but spring will come, the COVID numbers will go down, and we will resume our lives! It is still important to wear a mask, and if you need a KN95 mask then call me and you can either drop by the Senior Center to pick some up, or I can deliver them to your house. The same goes for At-Home Test Kits, if you are experiencing symptoms, or have been exposed to someone with Covid-19, please call my office. If you have not seen the website for ordering your kits through the United States Postal Service, delivered to your home, here is the link **special.usps.com** As always stay safe,

## FILM ON AGING IN AMERICA

I am still working on collaborating with Fairfield's Social Services department for the showing of the film called *Coming of Age in Aging America*. This film asks the question: What will it mean for us all to live and age in a society where half the citizens are over the age of 50? Never in human history has this been our reality. It's new and it's not temporary. It's a permanent historic transformation. *Coming of Age in Aging America* presents a public challenge that urges a national conversation about our new reality. This will most likely be a ZOOM event, but stay tuned for more details about this fascinating look at our aging America.

The Commission for the Aging will meet on Monday February 7<sup>th</sup> at 5pm at the ESC

The Center and this office will be closed on President's Day 2-21-22