SENIOR NEWSLETTER AUGUST 2021 MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES DIRECTOR EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137 awitherbee@eastonct.gov HOURS Monday through Friday 8:30 to 3:30

Dear Friends,

I hope you are all enjoying your summer and beating the heat! Remember that the ESC is open and there are lots of cool activities to do here! I have a lot planned for the fall and things like Medicare Open Enrollment WILL be in person this year (dates TBD) and I will be having Lunch and Learns with a variety of topics, and I welcome any ideas from you! Energy Assistance will start up with the application process starting in September. And don't forget our wonderful Fireman's Carnival will be happening in August! I don't know how many of you are still ZOOMING now that we can get outside or meet in person, but I get emails about seminars that are open to the public almost daily and if you are interested in knowing about them send me your email so I can forward it along! Enjoy these summer days,

Coming in September

- Energy Assistance-contact me to see if you qualify
- Senior Medicare Patrol-learn how to protect yourselves from scams
- Medicare Open Enrollment-Oct. 14th Dec. 7th review your plan, sign up if you are Medicare eligible this year!
- Caregiver Support Group-if you are a caregiver you need support too! Call of email me with any questions you have about any of these events/programs!

Sundays on the Hill Concert Series at Christ Church Easton Beginning on June 20th through August 8th

Christ Church will be hosting their first of the summer concert series from 6-8 pm. There will be Food Trucks, or you can bring your picnic! What a nice way to start your summer and be outdoors!

Adults \$7 Seniors \$5 Kids are Free

The Commission for the Aging does not meet over the summer