

SENIOR NEWSLETTER OCTOBER 2019
MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES DIRECTOR
EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137
awitherbee@eastonct.gov
HOURS Monday through Friday 8:30 to 3:30

Dear Friends,

September sure did fly by...thank you to all who came to the Sepsis & Salad presentation we all learned so much! It is the beginning of Open Enrollment for Medicare and read below for more information on that, a program on **Medication Safety** with Easton's Police Department and EMS, and the debut of *Library to Go*.

Happy Fall,

Medicare Open Enrollment

Tuesday October 22nd from 10 am to 2 pm

CHOICES counselors will be here to review your Medicare Supplemental and/or Advantage plans along with your Part D prescription plans. There are still some 30 minutes time slots left so call me to reserve your spot! Don't worry if this date doesn't work for you I am having another Open Enrollment session on November 19th.

Library To Go

Easton Public Library, in collaboration with Municipal Agent for the Aging Alison Witherbee, is launching *Library To Go*, a free delivery service for Easton residents who are homebound. *Library To Go* will operate every other Wednesday, beginning on October 2. Residents can request books, audiobooks, music CDs, and magazines, and have them delivered right to their door! Library Assistant Penelope Papadoulis will oversee the service. For more information or to make a request, please contact Penelope at 203-261-0134 or pjp@eastonlibrary.org.

Medications & Muffins

Friday October 25th at 10 am

Come hear a panel discussion on medications and dispensing of them safely! This is an important topic for you to know about so that you can avoid mix ups with your medications. There is a *Drug Take Back* day on Saturday October 26th where you can bring your leftover, expired or unused medications to the Easton Police Department's drop off center located at 515 Morehouse Road (SSES) and they will dispense of them properly. Muffins and coffee will be served. Call 203-268-1137 to RSVP

The Commission for the Aging will be meeting on October 7th, 2019 at the ESC at 5 pm