

SENIOR NEWSLETTER AUGUST 2019
MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES DIRECTOR
EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137
awitherbee@eastonct.gov
HOURS Monday through Friday 8:30 to 3:30

Dear Friends,

Is it hot enough for you? Come to the ESC and chill out with us! Thank you to all that attended my Lunch & Learn on Assisted Living Communities and Home Health Care and, I hope to do another one soon so, let me know what topic(s) you are interested in! I met with the director of the Easton Library and we are coming up with a program that would deliver books to seniors, *or anyone who is homebound*, so if you know of someone who might like to get some books, magazines, audio books, or DVDs brought to their house let me know.

Stay cool in these dog days of summer!

Commission for the Aging Town Survey

The Easton Commission for the Aging is embarking on a survey to assist in gathering information that is important to Easton residents, 60 years of age and older. Your feedback will be appreciated! It is completely voluntary and confidential! In conducting this survey, the Easton Commission for the Aging will learn more about you and guide us to better serve you in the community. The survey has the following sections – demographics; housing; social services; taxes; technology; transportation. There is also a small section where you can make additional comments. Your feedback is important to us!

There is still time to fill out the Town Survey, the deadline for submitting your questionnaire is August 15th.

Dementia Caregiver Workshop

Wednesday, September 18 @ 7pm at the Easton Public Library
Dementia expert Laura Wayman will discuss strategies that caregivers and family members can use to enhance their relationships with their dementia patients and loved ones. Registration is suggested. Call 203-261-0134

The Commission for the Aging does not meet over the summer but will resume their meetings on September 3rd, 2019