

**SENIOR NEWSLETTER      MAY 2020**  
**MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES DIRECTOR**  
**EASTON SENIOR CENTER      ALISON WITHERBEE 203-268-1137**  
**[awitherbee@eastonct.gov](mailto:awitherbee@eastonct.gov)**  
**HOURS Monday through Friday 8:30 to 3:30**

Dear Friends,

I hope that you are all well, staying home and being safe. Although I am working (mainly) from home I can access my messages and emails and will get back to you as quickly as possible. I received an email from the Southwestern CT Agency on Aging (SWCAA) about a program that they are providing called Senior Grocery Bag. SWCAA, along with the state Unit on Aging, is allocating Families First Corona Virus Response Act funds to support a FREE grocery bag pick-up and delivery service.

## How does it work???

- The program is for residents ages 60+
- A Form 5 (government required) application must be completed for roster and distribution purposes and this form is simple and there are two ways to do it 1) call me and I will fill it out over the phone (there's nothing to sign) or 2) call SWCAA at 1-800-994-9422 and press prompt 3
- The bags would be delivered to the Easton Senior Center parking lot and either picked up or delivered to your door
- The 5 DAY GROCERY BAG will include butter, eggs, American cheese, fresh fruit & vegetables, pasta, rice, bread, oatmeal and two rolls of toilet paper
- Safety protocols will be taken at the delivery site as well as the distribution site

If you are interested in signing up for this program, or you know someone who might benefit from this program please let me know. This does not eliminate the need to shop at the grocery store, nor does it interfere with any established home meal delivery programs, but it would supplement your groceries, and possibly reduce the number of trips to the stores that friends, neighbors or family members are doing for you!

As always, wash your hands, social distance, stay home and be well.

We will get through this together,

*Alison*