SENIOR NEWSLETTER MARCH 2020 MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES DIRECTOR EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137

<u>awitherbee@eastonct.gov</u> HOURS Monday through Friday 8:30 to 3:30

Dear Friends,

There are many events in the works for this spring and I need your feedback about times and dates so please email me or call me with any and all suggestions! Many of you have asked to tour Sunrise Senior Living and we have a tour scheduled for March 10^{th} (see below for more details). I am putting together a Health/Resource Fair for some time in April or May and I need your input to make it a success. As some of you have read or heard about there is a possible plan to become a part of the Westport Weston Health District and so come to one of the informational meetings so you can learn about what services they would provide and how it all works (below are the dates for the sessions).

Tour & Activity at Sunrise Senior Living Tuesday March 10th at 3:30

Come take a tour of Sunrise Senior Living, an Assisted Living community for older adults who value their independence. We will tour the community and I am sure that Rob, our guide, will have something special planned for us! We can meet at the ESC and take the van down or drive independently, when you RSVP to me indicate which you would prefer. The tour will last an hour and so plan on returning to the ESC, or your home, by 5:30 at the latest.

Westport Weston Health District Informational Sessions

- Monday March 2nd at the Easton Library at 7:30 pm
- Thursday March 5th at the Easton Senior Center at 9:30 am

Don't forget that Daylight Savings happens on Sunday March 8th



The Commission for the Aging will meet on Monday, March 2nd at 5pm at the ESC