## SENIOR NEWSLETTER SEPTEMBER 2021 MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES DIRECTOR EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137 awitherbee@eastonct.gov HOURS Monday through Friday 8:30 to 3:30

Dear Friends,

There is lots of information in this month's letter so please read the front and the back! Covid-19 has not gone away and there is new information about how to stay safe every day so on SEPTEMBER 3<sup>RD</sup> Mike Vincelli from the Westport/Weston/Easton Health District will be here to talk about facts, myths, precautions and what you should know about the Corona Virus and these variants. Energy Assistance applications will begin in September and if you think you might qualify, or want to know more about the program, please call or email me. I will be having individual sessions at the Sr. Center and be following all safety protocols. Medicare Open enrollment is right around the corner so start reviewing your plan and look for Open Enrollment sessions starting October 14<sup>th</sup>. Be well,

## Covid-19 and The Delta Variant-The Facts Friday, September 3<sup>rd</sup> at 10 a.m. at the ESC

I know this is the Friday of the last holiday weekend of summer, but this is important information, especially if you are gathering with friends and family over Labor Day weekend. Mike Vincelli, Director of Emergency Preparedness at the Westport/Weston/ Easton Health District will be talking about facts, myths, precautions and what you should know about the recent uptick in Coronavirus cases. This is important information for everyone so sign up, put on your mask and come get informed. (Space in limited to 20 so sign up early) 203-268-1137

## Senior Medicare Patrol Hybrid Zoom Presentation Friday September 24<sup>th</sup> at 12 noon

There are so many scams out there and Lisa Alhabal from SWCAA will tell you all about them, and more importantly how to protect yourselves. Fraud and scams come in many forms so it is important to be up to date on the latest scams so sign up for this hybrid presentation (you can attend in person or watch it via ZOOM). Please reach out to me for more details. A lunch will be served so RSVP to 203-268-1137.

The Commission for the Aging will meet on Tuesday September 7th at 5 pm