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Meeting Minutes Commission on Aging Regular Meeting Easton Senior Center Monday, April 7, 2014

The meeting was called to order at 5:10 p.m. Present were Linda Dollard, Gail V. Gay, Phyllis Machledt, Margaret Silvestri, Lisa Tasi, and Alison Witherbee, Municipal Agent/Senior Social Services. Joel Peskay could not attend today's meeting.

 The minutes of the March 17, 2014 meeting were read and accepted on a motion by Phyllis Machledt, seconded by Gail V.Gay and unanimously approved.

## 2. Old Business

No old business was discussed.

## New Business

a. Municipal Agent's Report

Alison Witherbee is busy with contacts in the town and community as well as meeting with local seniors with regards to their needs. She has completed seminars for CHOICES (State of Connecticut's program for Health insurance assistance, Outreach, Information and referral, Counseling, Eligibility Screening). She has met with several agencies to discuss the services they provide and has upcoming meetings and visits / tours planned. She is in process of reviewing certified resources and lists to then provide updated information to the seniors.

b. April 16th Event

A National Health Care Decision Day will be held at the Senior Center from 10:30 – 11:30 a.m., with Attorney Sharon Cregeen. She will speak on Advanced Directives.

c. May 2<sup>nd</sup> Event

A talk about Medicare Savings Programs and Home Care will be given by a representative from SWCAA.

- d. Health Fair May 16<sup>th</sup>
  Healthy Activities and Lifestyle, Tai Chi, Cooking demonstration and a
  Nutritionist are highlights of the event. A print notice or flyer will be sent
  out.
- e. SWCAA Report
  Phyllis Machledt, the Commission's representative to the Advisory
  Council of the Southwestern Connecticut Agency on Aging reported on
  the Council's recent activities. Phyllis spoke about the "Grandparents
  Raising Grandchildren" initiative as more grandparents or older adults

are assuming responsibility for grandchildren or other minors. This program shares information about benefits, assistance, and more. SWCAA Grant applications will be reviewed by the SWCAA Allocations Committees during May and June with the awards being made soon after.

- f. Next meeting
  The Commission's next regular meeting will be held on Monday, May
  5, 2014. Lisa Tasi volunteered to take minutes.
- 4. Adjourn:
  Phyllis Machledt moved to adjourn, and Margaret Silvestri seconded the motion and unanimously approved at 6:13 p.m.

Respectfully submitted,

Lisa Tasi Acting Secretary, Commission on Aging

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