

**Commission for the Aging
Town of Easton, CT**

**Monday, December 4, 2023
Held at the Easton Senior Center**

Attendees: Nanette DeWester, Anne Hughes, Paul Lindoerfer, Lisa Tasi, and Daniel Simonelli, Municipal Agent for the Aging – Social Services Director. Jessica DiPietro was not in attendance.

The meeting started at 5:00 PM.

Meeting Minutes

The October Meeting minutes were reviewed and approved via a motion by Anne Hughes and seconded by Paul Lindoerfer. The November Meeting minutes were approved via a motion by Anne Hughes and seconded by Nanette DeWester.

Old Business

-Thanksgiving Outreach

The CFA members recapped the November Thanksgiving Meal outreach. Easton seniors who received the meals were very grateful. Lisa sent a thank you to ShopRite management / Deli for assisting with the meal.

-Martha Carrie Shurman Fund

There was no report. Lisa will ask Christine Calvert to send a recap of 2023 for the next CFA meeting.

New Business

- Municipal Agent's Report / Daniel Simonelli

Daniel has assisted approximately 16 Easton seniors with energy assistance. He will continue to monitor and advertise the program. There may be some seniors who are not aware of the energy assistance or do not want to apply. He is also setting up those seniors who may be eligible for the SNAP (Supplemental Nutrition Assistance Program) – which is a federal program that aids low-income individuals and families to purchase food. In Connecticut, the Department of Social Services administers the program. Food Assistance - SNAP (ct.gov)

There is interest in learning more about the ArrayRx program, a new prescription drug discount card for Connecticut residents. Applications on done online and some seniors are not tech savvy, so Daniel is assisting them.

Daniel is planning some round table discussions where Easton Seniors can ask questions or address concerns about senior issues.

-SWCCA Report www.swcca.org

There will be a December meeting next week. Daniel will share updates on 2024 at the next CFA meeting.

- Planning

CFA members discussed another mailer/postcard project for next year as well as topics that can be listed on the card.

Other topics of interest geared towards seniors is financial planning, downsizing and safety and health measures. Also, some seniors are not aware of discounts which they can access, financial requirements are required, for heat, electricity, digital/web, and telephone.

Recently on November 2nd, Comptroller Sean Scanlon visited the ESC to discuss the State of Connecticut's new Prescription Drug Discount Card Program called ArrayRx (formerly known as Northwest Prescription Drug Consortium). It launched on October 2nd and is available for free to Connecticut residents. [ArrayRx Card](#)

As far as Health and Nutrition topics, there was a talk on November 9th by Sacred Heart University Nutrition Students with regards to "Food Linked to Better Brain Power". More lifestyle topics are planned to complement this important issue.

The meeting concluded at 5:44 PM.

The next meeting will be on Monday, February 5, 2024, from 5-6 PM at the ESC.

Submitted by,
Commission for the Aging
L. Tasi