

Commission for the Aging
Town of Easton, CT

Monday, June 5, 2023
Held at the Easton Senior Center

Attendees: Nanette DeWester, Paul Lindoerfer, Diane Parker, Lisa Tasi, and Alison Witherbee / Municipal Agent for the Aging – Social Services Director. Jessica DiPietro and Anne Hughes were not in attendance.
The meeting started at 5:05 PM

Meeting Minutes

The May meeting minutes were approved via a motion by Paul Lindoerfer and seconded by Diane Parker.

Old Business

There was no old business to discuss.

Ongoing Business

-Grow-A-Row

The Grow-A-Row project will start in mid-June. Alison has a meeting with volunteers to plan for staffing drop off and delivery of produce. The Easton Courier recently had an article on the project Grow-A-Row Returns for Second Year - Easton Courier

- Planning Presentations

The CFA discussed elements of senior issues, as per last month's meeting, which can be part of future presentations for the remainder of the calendar year.

-Municipal Agent's Report

Alison reported that she spoke to many people who were attending the May Easton Garden Mart about the Grow-A-Row project. Some mini herb planters from Gilberties were delivered to some Easton seniors.

Alison has a presentation on June 13th on the topic of Arthritis Hip & Knee pain.

-SWCCA / <https://www.swcaa.org>

Alison is currently serving on the Nominating Committee which finds new board members. There are no planned meetings during the summer.

Other Discussion

Members were updated by Alison on the The Aspetuck Health Group's meeting on Community Health Needs Assessment. The plan is to have preliminary focus groups with regards to topics on older adult health, youth health, financial stability, education and advancing diversity-equity-inclusion to better determine the whys behind its data, to garner feedback and leverage community partners .

The data was collected via multiple sources, such as the CDC, "CARES" = Center for Applied Research and Engagement Systems (a research center at the University of Columbia, MO founded in 1992), US census through its American Community Survey <https://www.census.gov/programs-surveys/acs/data.html> , CTDataHaven.org which is a partner of the National Neighborhood Indicators Partnership [Home | NNIP](#) (neighborhoodindicators.org) and its multiple sponsors, well as UnitedForALICE.org.

More information will be shared with the CFA members from Alison with communication during the summer months.

The meeting concluded at 6:15 PM with approval based on a motion by Diane Parker and seconded by Nanette DeWester.

The next meeting will be on Tuesday, September 5th, 2023, from 5-6 PM at the ESC.

Submitted by,
Commission for the Aging
L. Tasi