

Easton, Redding & Region 9 Boards of Education
Wellness Committee Special Meeting
February 6, 2017
JBHS Crowley - Room 1

Attendance

In attendance were: Robin Abramowicz, David Breyer, Michael BonTempo, Elizabeth Giglio, David Kennedy, Coleen McLeod, Stephanie Noto, Stephanie Pierson Ugol, Laura Ponzio

I. Call to Order

The meeting was called to order at 1:07 p.m. by Committee Chair Dr. Stephanie Pierson Ugol.

II. Review of the Minutes

Motion made to approve Minutes from October 21, 2016: Motion made by Michael BonTempo, seconded by Elizabeth Giglio. Vote: All in favor.

III. Public Comment

None at this time.

IV. Committee Member Comment

None at this time.

V. Discussion and Possible Action

A. Curriculum Revision Update

Dr. Pierson Ugol shared that there is a focus this spring on staff training and parent communication related to the new legislation for K-12 Sexual Assault & Awareness Prevention. Next year additional lessons will be added to the elementary health curriculum. Dr. Pierson Ugol is working with two agencies – Women's Center of Greater Danbury for Redding schools and Center for Family Justice in Bridgeport for Easton schools.

B. Tower Gardens

Mr. Kennedy reported that the tower gardens are up and running at John Read Middle School and Samuel Staples Elementary School. Ms. Giglio reported that her students at Samuel Staples are enjoying watching the plants grow. Mr. Kennedy and the Chartwells dietitian, Stephanie Noto, will reach out to the other schools to see if they need help setting up their gardens.

C. Parent Food Service Survey

Mrs. Ponzio shared the January 2016 survey questions and results to get committee input for the parent survey to be sent out in March. Mr. Kennedy shared changes which were made at Samuel Staples Elementary as a result of parent comments in last year's survey.

D. Chartwells Food Service Menu Update

Mrs. Ponzio shared copies of the latest menus for elementary, middle and high schools. Committee members reviewed and discussed menu items.

INST # M2017000105 REC'D 02/10/2017 03:51:06 PM
CHRISTINE HALLORAN TOWN CLERK EASTON CT

E. Chartwells Food Service Menu Sampling

Mr. Kennedy shared the following menu items with committee members: Asian Noodle Bowl, Chicken & Cheese Quesadillas, Three Cheese Pretzel Sandwich, and Sweet & Sour Root Vegetables (parsnips and butternut squash). Committee members enjoyed the selections.

F. Other

1. Ms. Noto reported that the USDA is reducing the amount of sodium in foods starting July 2017. She reports that ER9 is already in compliance with the new regulations. The sodium content is analyzed over the course of a week.
2. Dr. Pierson Ugol reported that the Joint Boards of Education Food Service Committee is going to reconvene to review the changes that have been made by Chartwells for the first half of the school year.

VI. Public Comment

None at this time.

VII. Adjournment

The meeting was adjourned at 2:45 p.m.

Submitted by:
Laura Ponzio