

Easton, Redding & Region 9 Boards of Education  
Special Wellness Committee Meeting  
October 21, 2016  
JBHS Crowley Room 1

MINUTES

**Attendance**

In attendance were: David Breyer, Michael BonTempo, Tom Feroletto, Elizabeth Giglio, David Kennedy, Coleen McLeod, Stephanie Noto, Stephanie Pierson Ugol, Laura Ponzio, and Student Reps: Henry Eubanks and Alyson Tomaszewski; Donna Albano arrived at 2:15

**I. Call to Order**

The meeting was called to order at 1:32 p.m. by Committee Chair Dr. Stephanie Pierson Ugol.

**II. Review of the Minutes**

**Motion made to approve Minutes from March 29, 2016: Motion made by Tom Feroletto, seconded by Dave Kennedy. Vote: All in favor.**

**III. Public Comment**

None at this time.

**IV. Committee Member Comment**

David Breyer congratulated Chartwells for receiving the contract again.

**V. Discussion and Possible Action**

**A. Cafeteria Upgrades and Menu Changes**

Mr. Kennedy explained about the upgrades to the SSES cafeteria and equipment upgrades and additional signage at all schools. Samuel Staples Elementary School has seen a 10% increase in participation in the first month. Chef James Hupal has been hired by Chartwells to allow Mr. Kennedy more time to supervise the programs at all schools and to arrange tastings to the students. Chartwells will survey students after the first two months of school. Mr. Kennedy stated that menu items offered at the middle schools have been reduced to focus on the most popular menu items. This year breakfast is being offered at John Read Middle School for students who attend before school activities. It is a pilot program. Fifteen to twenty breakfasts are purchased each day. This is the third year that breakfast is offered at Joel Barlow High School.

**B. Tower Gardens**

All schools have received the Tower Gardens so schools can grow herbs and lettuce indoors. Gardens have been set up at all schools. Planting will begin soon.

**C. Farm to Chef Week**

Farm to Chef Week took place September 19-23, 2016. Chartwells partnered with several local farms to feature local produce and different cuisines at Joel Barlow (Sept. 19-21; Helen Keller Middle School on Sept. 22; and John Read Middle School on Sept. 23. The items were offered as an additional choice to the daily menu.

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**D. Health Curriculum Update**

Ms. Giglio shared the resources which were purchased to support the elementary health curriculum. Dr. Pierson Ugol shared that the State Department passed additional legislation for Health Curriculum – K-12 Sexual Assault & Awareness Prevention. The Connecticut State Department of Education will also provide districts guidelines for incorporating specific topics within cancer education within the gr. 6-12 health curriculum.

**E. Food at Classroom Parties**

When money is collected and placed into a general classroom fund for classroom parties, food that is purchased using this fund must be listed on the CSDE “Approved List of Food & Beverages”. If a parent donates a food item (not using class funds), it is acceptable to serve the donated food at the party without needing to comply with the “CSDE Approved List of Foods & Beverages”. Sugary snacks and other low-nutrient food treats are not acceptable as a reward for students.

**VI. Public Comment**

None at this time.

**VII. Adjournment**

The meeting was adjourned at 2:22 p.m.

Submitted by:

Laura Ponzio