SENIOR NEWSLETTER NOVEMBER 2020 MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES DIRECTOR EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137

<u>awitherbee@eastonct.gov</u> HOURS Monday through Friday 8:30 to 3:30

Dear Friends,

It's not too late to apply for Energy Assistance so please contact me to see if you might qualify, deliveries do not start until the 2nd of November. GET OUT AND VOTE and if you need a ride to the polling station call the ESC at 203-268-1145 to arrange a ride to vote (*the van runs from 7:30 am and will run until 7 pm*). Should you review your Medicare coverage every year? ABSOLUTELY!! Why do you need to review Medicare plans yearly? Because your plan may still be your best option, however alternative plans may offer better health and/or prescription drug coverage at a more affordable price. A simple switch to a competing plan can save hundreds of dollars in out-of-pocket costs. Below is information on Medicare Open Enrollment, and please feel free to reach out to me with any questions. Lastly, Daylight Savings begins on November 1st, so set your clocks back ® the night before, and this is a good time to check your smoke detectors in your house.

Medicare Open Enrollment

October 15th to December 7th

This is the time when beneficiaries can enroll in a plan that provides Part D coverage, either in a stand-alone prescription drug plan (PDP) with their Original Medicare **OR** as a part of the Medicare Advantage with drug coverage which includes health benefits (MA-PD). This year we are having only one Open Enrollment event via ZOOM on Tuesday, November 17th. Please call the office to sign up, slots will be given on a first come first serve basis, and the instructions for the process will be explained to you and you must have your **Medicare.gov** username and password set up. You may also contact the **Southwestern CT Agency on Aging (SWCAA)** CHOICES program at 1-800-994-9422 to review your plan with a Certified CHOICES Counselor. CHOICES Counselors provide free and unbiased information on Medicare and Medicare Plans.

The Commission for the Aging will meet on Tuesday, November 10th, 2020 at 5pm in the Easton Library's Board Room.

Please continue to social distance, wear your mask in public and stay safe!

Happy Veteran's Day 11/11/2020 Happy Thanksgiving 11/26/2020