

Meeting Minutes
TOWN OF EASTON, CONNECTICUT
Commission for the Aging
Special Meeting
Easton Senior Center
Tuesday, May 3, 2016

The meeting was called to order at 5:07 PM. Present were Linda Dollard, Gail V. Gay, Phyllis Machledt, Joel Peskay, Margaret Silvestri, Lisa Tasi, and Alison Witherbee, Municipal Agent/Senior Social Services.

1. The minutes of the Tuesday, April 5th March special meeting were reviewed and unanimously approved on a motion by Margaret Silvestri and seconded by Joel Peskay.
2. Unfinished Business
 - a. MCS Fund
Status is same on the MCS fund. CFA members will ask for an update prior to summer break.
3. New Business
 - a. Update on "Healing the Heart" Group
The program has been successful as it is addressing and providing support, therapy and education. It is a rewarding and invaluable experience for the attendees and co-leader, Marguerite McVay, has been a great asset. Alison is planning to offer another session in Fall 2016.
 - b. Programs for May 2016
Alison has scheduled the following events for May: 1/ Senior Medicare Patrol Presentation on May 10th and 2/ Medicare Savings Program Presentation on May 19th. Both events are presented by SWCCA personnel. 3/Living Wills & Advanced Directives on May 11th. This topic will be facilitated by Attorney Sharon Cregeen and attendees will learn what type of documentation is required; it then will be continued, 4/ On May 25th there will be a one on one discussion and follow through of paperwork with Sharon Cregeen. This is a link for the type of documentation that will be reviewed in the presentation: <http://www.ct.gov/ag/lib/ag/health/advdirectivescombinedform2006alt.pdf>
 - c. Municipal Agent's Report
Alison Witherbee recently attended a meeting in Groton, CT hosted by CAMAE (CT Association of Municipal Agents for the Elderly). Breakout sessions reviewed the roles of M.A. and interaction in communities. Another

conference hosted by CAPE (Coalition for Abuse Prevention of the Elderly) highlighted raising awareness about elder abuse and education/training to teach about signs/symptoms of abuse, reporting requirements and available intervention resources. Alison is planning another "Healing the Hearts" group for Fall 2016 and re-visiting the "Seniors Driving Safely" topic to provide additional tips and information. Alison has senior events planned for the month of May to address Medicare fraud protection and Advanced Directives and she will then attend training for a program launched by the Veteran's Affairs.

d. SCWAA Report

Phyllis Machledt (SWCCA representative) reported that the agency is currently reviewing grant applications. With tax season, there were heightened alerts warning about telephone and email scams. (Southwestern CT Agency on Aging - <http://www.swcaa.org>).

e. CFA Meeting Date Change for June and September meetings

The next CFA meetings will be held on Tuesday, June 7th, 2016 and then (reconvening after summer break) on Tuesday, September 6th, 2016. The CFA members are in agreement for the change of meeting dates. As the meetings will convene on Tuesdays (instead of the first Monday of the month), these monthly meetings will be each known as a "Special Meeting".

f. Other items

CFA members discussed various topics on senior issues, outreach and the New York Times May 2nd issue showcasing an in-depth glimpse into life with Alzheimer's disease.

<http://www.nytimes.com/interactive/2016/05/01/nyregion/living-with-alzheimers.html?hp&action=click&pgtype=Homepage&clickSource=story-heading&module=photo-spot-region®ion=top-news&WT.nav=top-news&r=0>

4. Next meeting

The Commission's next meeting, "Special Meeting", will be held on Tuesday, June 7th, 2016

5. Adjourn:

Margaret Silvestri moved to adjourn the meeting, Phyllis Machledt seconded the motion and it was unanimously approved at 6:05 PM.

Submitted by,
Lisa V. Tasi, Secretary, Commission for the Aging