

Meeting Minutes
TOWN OF EASTON, CONNECTICUT
Commission for the Aging
Special Meeting
Easton Senior Center
Tuesday, March 1, 2016

The meeting was called to order at 5:52 PM. Present were Linda Dollard, Joel Peskay, Margaret Silvestri, Lisa Tasi, and Alison Witherbee, Municipal Agent/Senior Social Services: Gail V. Gay and Phyllis Machledt were not present.

1. The minutes of the February meeting were reviewed and unanimously approved on a motion by Joel Peskay and seconded by Linda Dollard.

#### 2. Unfinished Business

a. MCS Fund

The CFA members discussed the parameters for use of MCF fund by Municipal Agent/Social Services with regards for discretionary spending and unusual expense. It was decided that any discretionary spending over \$250 must be first requested to the CFA, unless there is an emergency (i.e., fuel assistance) to provide senior assistance.

## 3. New Business

- a. Update on Bereavement Group Alison Witherbee is reviewing a potential program which includes a set time frame (4-6 weeks) to provide a range of education / therapy / grieving support. There is a co-leader who is available for the program, with a service fee of \$75/session. Alison will review more information as well as indicate that an additional line item of @\$300 be included in the proposed budget for next fiscal year to address this need.
- b. Update on SWCCA hosted Legislative Breakfast held 2/23/16 Alison attended a 2/23/16 Legislative Breakfast hosted by SWCCA. The topic presented was Aging Update 2016 which included points on the key aging issues affecting the CT constituency, CT Medicaid Long-Term care expenditures, and the maintenance of the social service provider network.
- c. Update on Canvas of Local Ministries for Seniors Alison met with clergy from Covenant, Jesse Lee and Easton Congregational churches. She shared information about the senior outreach and assistance programs via the Municipal Agent/Senior Social Services.

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## d. Municipal Agent's Report

Alison Witherbee recently met with local clergy to update them on the services her office provides. She is brainstorming and planning ahead for spring programs and presentations. Certain topics will be geared specifically for memory bolstering, aging, Alzheimer's and medication management. She is also busy with planning for proposed next year's budget presentations.

## e. SCWAA Report

There was no report at today's meeting. Southwestern CT Agency on Aging - <a href="http://www.swcaa.org">http://www.swcaa.org</a>.

# f. CFA Meeting Date Change for April 2016 The CFA will be meeting on the first Tuesday in April 2016, which is April 5<sup>th</sup>. The CFA members are in agreement for the change of meeting date. As the meetings will convene on Tuesdays, each monthly meeting will be known as

### g. Other items

a "Special Meeting".

Various topics on senior outreach and events were discussed by the CFA members.

## Next meeting

The Commission's next meeting, "Special Meeting", will be held on Tuesday, April 5, 2016.

### 5. Adjourn:

Margaret Silvestri moved to adjourn the meeting, Lisa Tasi seconded the motion and it was unanimously approved at 6:19 PM.

## Submitted by,

Lisa V. Tasi, Secretary, Commission for the Aging