

Meeting Minutes
Commission for the Aging
Town of Easton, CT

INSTR # M2021000440
DATE FILED 05/25/2021 09:32:21 AM
CHRISTINE HALLORAN
TOWN CLERK
EASTON CT

Special Meeting – Monday, May 17, 2021 – 5:00 PM to 6:00 PM
Held at the Easton Senior Center

Attendees: Cheryl Constand, Nanette DeWester, Linda Dollard, Melinda O'Brien, Lisa Tasi, and Alison Witherbee / Municipal Agent for the Aging – Social Services Director.

The meeting started at 5:05 PM.

Meeting Minutes

The April meeting notes were reviewed by members and unanimously approved via a motion by Linda Dollard and Cheryl Constand.

Ongoing Business

- MCS Fund Update

There was no new reported data.

- Grant Applications

This topic is tabled until more information is prepared. Melinda O'Brien volunteered to assist Alison.

New Business

-Municipal Agent's Report

Alison worked with Easton's EMS in conjunction with the Westport Weston Health District on the "Homebound Vaccine Clinic". First round doses were given to those on the list, with the additional secondary dose just completed. Alison saw a documentary via SWCCA which will provide topic and presentation for an upcoming outreach event here to Easton seniors. It is called "Coming of Age in Aging America" and various angles on the video can lay the foundation for a series of aging related topics. In the meantime, Alison will be reviewing some ideas for grant applications. Alison updated that the Salvation Army has ceased its funding toward food grocery bags. Alison is reviewing some software programs which will enable her to better track individuals in all her outreach endeavors. One of the programs is called "Charity Tracker". Alison will also be extending her outreach with news information delivered in a more live time frame through other social media platforms.

- SWCCA <https://www.swcaa.org/>

Alison has joined the Nominating Committee on SWCCA. The Advisory Committee met on April 14th and the discussions centered on dispensing the coronavirus vaccine. Another issue is food insecurity for some in the area and having pantries available.

Open Discussion

The members discussed the importance of maintaining, for another month, the grocery bag food delivery. Alison will determine the need of some individuals to at least receive the bags for a few more weeks. The members will finalize this outreach for one summer month at the June CFA meeting.

The members reviewed the idea a summer outreach event to seniors for midsummer. Ideally the venue would be the ESC / school area. Alison will provide an organization update at next month's meeting.

Alison mentioned that there will be a Zoom presentation on Tuesday, May 25th at 9:30 AM by the Agencies on Aging – CT to provide updates on the coronavirus vaccination program.

Lisa Tasi mentioned the book by Richard Liu, Anchor and Journalist at MSNBC/NBC News, "Enough About Me", In this writing he shares lessons he learned since becoming his father's caregiver. The book is part memoir and part self-help. He started on this journey back in 2016 when he made the decision to devise a work schedule that allowed him to split time, between his hectic professional life, with his siblings, in order to take care of his father.

The meeting concluded at 6:08 PM. Members are asked to rsvp for attendance. The next meeting will be held on Monday June 7, 2021 from 5 to 6 PM at the ESC. Agenda will be forwarded for posting.

Submitted by,

Commission for the Aging
L. Tasi