

Meeting Minutes  
TOWN OF EASTON, CONNECTICUT  
Commission for the Aging  
Special Meeting  
Easton Senior Center  
Tuesday, December 1, 2015

The meeting was called to order at 5:12 PM. Present were Gail V. Gay, Phyllis Machledt, Joel Peskay, Margaret Silvestri, Lisa Tasi, and Alison Witherbee, Municipal Agent/Senior Social Services. Linda Dollard was not present.

1. The minutes of the November meeting were reviewed and unanimously approved on a motion by Phyllis Machledt and seconded by Margaret Silvestri.
2. Unfinished Business
  - a. Status Report on MCS Fund  
CFA is still awaiting a detailed fiduciary report on the fund. Joel Peskay and Alison Witherbee will both inquire and advise CFA members.
3. New Business
  - a. Update on Jesse Lee Turkey Dinner deliveries  
Alison Witherbee picked up the individual dinners which were ready at 6PM and delivered 17 meals to the various homebound or frail seniors. Everyone was thrilled and appreciative for the outreach prior to the Thanksgiving holiday.
  - b. "Senior Guide" Proposal  
Alison Witherbee provided information to the CFA members on a booklet prepared by Redding, CT which lists pertinent contact information of organizations and other key venues specifically for the senior population. She and Joel Peskay will review the material listing for a possible template. CFA members will follow up with further discussion at next meeting.
  - c. Municipal Agent's Report  
Alison Witherbee had a busy November with another session for the Medicare Open Enrollment and providing assistance with fuel assistance applications. She also delivered the Jesse Lee Turkey dinners. Through the Easton Garden Club, poinsettias will be delivered to 10 homebound seniors. Alison is following up with creation of a list of seniors who have attended various presentations and is tackling an idea for a senior guide booklet. She has asked the local clergy that she or Pam Healy can be contacted directly if there is a need by a senior.
  - d. SCWAA Report

Phyllis Machledt (SWCCA representative) updated CFA members on the 11/4 SWCCA meeting. The topic of Personal Care Assistant (PCA) vs. Home Health Aide was discussed. The main difference between a personal care assistant and a home health aide is in the level of medical care they provide. <https://www.caring.com/questions/faq-whats-the-difference-between-a-personal-aide-and-a-home-health-aide>. Phyllis informed the CFA members that there are many presentations in the local area on Alzheimer's and dementia as well as hoarding and abuse. The next SWCCA meeting will be on 12/9. (Southwestern CT Agency on Aging - <http://www.swcaa.org>).

- e. CFA Meeting Date Changes – February, March, April 2016  
The CFA will be meeting on the first Tuesday of each month – February 2, March 1 and April 5 in 2016. The CFA members are in agreement for the change of meeting dates. As the meetings will convene on Tuesdays, each monthly meeting will be known as a “Special Meeting”.
- f. Other items  
The CFA members continued discussion on senior outreach, specifically to those who are homebound, sick or financially challenged.

- 4. Next meeting  
The Commission's next meeting, “Special Meeting”, will be held on Tuesday, February 2, 2016.
- 5. Adjourn:  
Margaret Silvestri moved to adjourn, Gail V. Gay seconded the motion and it was unanimously approved at 6:19 PM.

Submitted by,  
Lisa V. Tasi, Secretary, Commission for the Aging