

Meeting Minutes
TOWN OF EASTON, CONNECTICUT
Commission for the Aging
Special Meeting
Easton Senior Center
Tuesday, November 3, 2015

The meeting was called to order at 5:07 PM. Present were Linda Dollard, Gail V. Gay, Phyllis Machledt, Joel Peskay, Margaret Silvestri, Lisa Tasi, and Alison Witherbee, Municipal Agent/Senior Social Services.

1. The minutes of the September and October meetings were reviewed and unanimously approved on a motion by Margaret Silvestri and seconded by Phyllis Machledt.
2. Unfinished Business
 - a. Status Report on MSC Fund
No update has been received. Joel Peskay will follow up.
3. New Business
 - a. Approval for Jesse Lee Turkey Dinner Tickets from MCS Fund
As last year, Alison Witherbee would like to have tickets available to homebound or frail seniors for the upcoming Turkey Dinner hosted by Jesse Lee. There are @16 seniors. Meals will be delivered to them via Alison and Pam Healy. The CFA committee unanimously approved the purchase of tickets.
 - b. Discussion on Additional Duties of Municipal Agent
Alison Witherbee updated the CFA members that with the January 2016 retirement of Josephine Stenquist (Easton Building Dept. secretary), there will be a segment of her work which will transfer to Alison. The additional duty will be to cover the "Social services" needs for residents under 62 years of age. The work would cover approximately 1 hour/week per month. More information will be made available to Alison via the First Selectman's office.
 - c. Follow up on ALZ Presentation 10/23/2015
A presentation "Understanding Dementia / Alzheimer's" was given by the local Alzheimer's Association in conjunction with Synergy Homecare - www.synergyhomecare.com. The CFA members discussed the importance of education programs and outreach to those who may be facing this senior health issue as well as the possibility of having another workshop specifically on this topic. Alison will be contacting the representative.

- d. Cognitive Impairments Outreach
CFA members reviewed the importance of relaying information and 'warning signs' to children of seniors and caregivers. Joel suggested that Alison will compile a track list of attendees of previous workshops and presentations in order to contact them about their interests or concerns with this (and any other) senior issue. Gail mentioned that having more information available will assist seniors and family members acknowledge developing impairments.
- e. Municipal Agent's Report
Alison Witherbee has been busy with the Medicare Open Enrollment and any fuel assistance applications. She will be attending a program given by Home Energy Solutions on 11/7/2015 which focuses on assisting people on fixed incomes (seniors) to reduce electrical and heating costs. She is still underway with a community outreach to the local clergy on senior issues and communication. She will be also delivering Jesse Lee Turkey Dinner meals to homebound and frail seniors.
- f. SCWAA Report
Phyllis Machledt (SWCCA representative) will be attending the next meeting tomorrow (Southwestern CT Agency on Aging - <http://www.swcaa.org>). The Agency will be compiling information for senior tax relief programs in the local area.
- g. CFA Meeting Date Changes
The CFA will be meeting on the first Tuesday in December 2015. As the meetings will convene on Tuesday, it will be known as a "Special Meeting".
- h. Other items
The CFA members discussed various ideas to contribute something to a holiday basket or item for the local seniors - perhaps even collaborating with other holiday projects via the boy scouts /girl scouts or local churches. More information will be available at next month's CFA meeting – which is early enough to participate in the 2015 holiday season.

4. Next meeting

The Commission's next meeting, "Special Meeting", will be held on Tuesday, December 1, 2015.

5. Adjourn:

Margaret Silvestri moved to adjourn, Phyllis Machledt seconded the motion and it was unanimously approved at 6:27 PM.

Submitted by,
Lisa V. Tasi, Secretary, Commission for the Aging