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CHRISTINE HALLORAN  
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EASTON CT

Meeting Minutes  
Commission for the Aging  
Town of Easton, CT

Monthly Meeting – Monday, March 7, 2022 – 5:00 PM to 6:00 PM  
Held at the Easton Senior Center

Attendees: Diane Parker, Anne Hughes, Nanette DeWester, Melinda O'Brien, Lisa Tasi, and Alison Witherbee / Municipal Agent for the Aging – Social Services Director. Linda Dollard was not in attendance.

The meeting started at 5:10 PM.

There was no meeting in January as members did not have access to the Easton Senior Center. The protocol for sign out of ESC key has been updated via the Town Hall and EPD to allow access.

Meeting Minutes

The December meeting minutes were reviewed by members present and approved via a motion by Anne Hughes and Diane Parker

Ongoing Business

- MSC Fund

No update at this meeting.

New Business

-Municipal Agent's Report

Alison has been very busy during the winter months in her outreach and communication with Easton seniors. She delivered 15 holiday meals and had support from the National Charity League, Easton Garden Club and Girl Scouts for additional outreach.

She is busy with applicants for Energy Assistance and also for any Medicare related topic.

In her February newsletter, Alison offered COVID-19 test kits and KN95 masks for seniors

Alison is making sure that seniors are Safety and Scam aware due to recent area purse snatchings or other scams via telephone or email. Safety and knowledge are key ingredients for all seniors.

Alison just presented her budget for next year to the Board of Finance.

Support from the United Way and Salvation Army has been beneficial for sustaining senior needs for fuel costs or other expenditures.

Alison is working with the Aspetuck Health to have a forum or presentation to discuss a variety of health and safety measures. As COVID-19 measures are being relaxed, an event as such can be held in person (also if preferred via Zoom.US) in the late spring.

The organization SilverSource, based in Stamford, CT, is a leading source for seniors. Alison hopes to coordinate an event with her Fairfield counterpart on the topic of "Aging in America", a film which was recently presented.

- SWCCA      <https://www.swcaa.org/>

SWCCA will be meeting on Wednesday. Alison is on the Advisory Council and will be working with other team members. Lisa Alhabal, a Caregiver Info Specialist with SWCCA, is helpful for Medicare related issues.

#### Open Discussion

Food Pantry – Alison is reviewing the food pantry and its availability/location for access. This will be a project for the coming year.

Forum – Members discussed having a forum / panelists event for seniors where they can learn about eldercare home and assistance – such as palliative, hospice and other Medicare related topics. Alison discussed reaching out to SWCCA and other M.A.s for information to create such an event. Sources from CT State (Anne Hughes can provide contacts) would also add to this project that was shelved due to the pandemic. CFA members and Alison would like to revisit this to make it happen.

The May meeting might be pushed out one week to accommodate schedules. A Special Meeting of the CFA would then convene on Monday, May 9, 2022 at the ESC from 5-6 PM.

The meeting concluded at 6:07 PM, on a motion by Diane Parker, seconded by Melinda O'Brien and approved. The next meeting will be held on Monday, April 4, 2022 from 5 to 6 PM at the ESC. Agenda will be forwarded for posting.

Submitted by,

Commission for the Aging  
L. Tasi