

Meeting Minutes  
Commission on Aging  
Regular Meeting  
Easton Senior Center  
Monday, May 5, 2014

The meeting was called to order at 5:07 PM. Present were Linda Dollard, Gail V. Gay, Phyllis Machledt, Joel Peskay, Margaret Silvestri, Lisa Tasi, and Alison Witherbee, Municipal Agent/Senior Social Services.

1. The minutes of the April 7, 2014 meeting were read and unanimously approved on a motion by Phyllis Machledt, seconded by Margaret Silvestri. Joel Peskay recommended that Lisa Tasi continue as Secretary, she agreed and all accepted the recommendation.
2. Old Business  
No old business was discussed.
3. New Business
  - a. Municipal Agent's Report  
Alison Witherbee continues with many meetings and projects for May 2014. She suggests that events be scheduled in the second half of each month so people can receive the ESC newsletter then plan their calendars. The May 2<sup>nd</sup> MSP & Home Care event was cancelled due to low sign ups. The April 16<sup>th</sup> Advanced Directives event was well received and attended. An upcoming visit/ tour to Middlebrook Farms is planned for May 20<sup>th</sup>. An introductory meeting was held with a representative from 3030 Park (Watermark) and a visit date will be planned in early June (TBA). She has had a private tour of The Views of Long Hill in Shelton and is also working on visits to other locations. She has met with First Selectman Adam Dunsby to provide an overview on the office and responsibilities. There have been ongoing meetings with clients regarding homecare and aging topics. She is working with Pam Healy and reviewing the healthcare list for accredited resources. She is currently working on several cases, one which has required extra attention.
  - b. Health Fair – May 16<sup>th</sup>  
Event will be held at ESC from 9:30 AM to 12:30 PM with a light lunch. There will be information to promote Wellness and Health, stations for Tai Chi and stretching, and talks on Healthy Activities, Nutrition and Lifestyle.
  - c. SWCAA Report  
Phyllis Machledt, the Commission's representative to the Advisory Council of the Southwestern Connecticut Agency on Aging reported on

the Council's recent activities. SWCAA's next meeting will be held on May 14<sup>th</sup>. SWCAA Allocations Committees are starting the process of reading the grant applications for upcoming awards. SWCAA will hold its 40<sup>th</sup> Anniversary Celebration on September 18<sup>th</sup> at the Norwalk Inn and Conference Center (more details to come).

d. Next meeting

The Commission's next regular meeting will be held on Monday, June 2, 2014.

4. Adjourn:

Linda Dollard moved to adjourn, Phyllis Machledt seconded the motion and it was unanimously approved at 6:20 PM.

Respectfully submitted,

  
Lisa Tasi, Secretary, Commission on Aging